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Be Your Own Career Coach: The toolkit you need to build the career you want

Rus Slater

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Be your own career coach

The toolkit you need to
build the career you want

What's stopping you?

Discover your strengths and land
the job of your dreams

Stuck in a rut?


Take stock, take
action and propel
your career forward


Live to work, or work to live?

Find the balance
that's right for you



Rus Slater

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All the expertise and proven benefits of one-to-one time with a professional career coach, but for a fraction of the price. Take control of your career, improve your employability, identify your unique brand and skill set and fast track your career to the next level. Includes a full, detailed career analysis using the latest career management techniques, together with expert guidance and advice, this will allow you to pinpoint your personal strengths, develop your abilities and take control so you can build a plan that will make your career aspirations a reality. This practical, friendly and accessible guide includes assessments, assignments, planning exercises and fascinating case-studies.