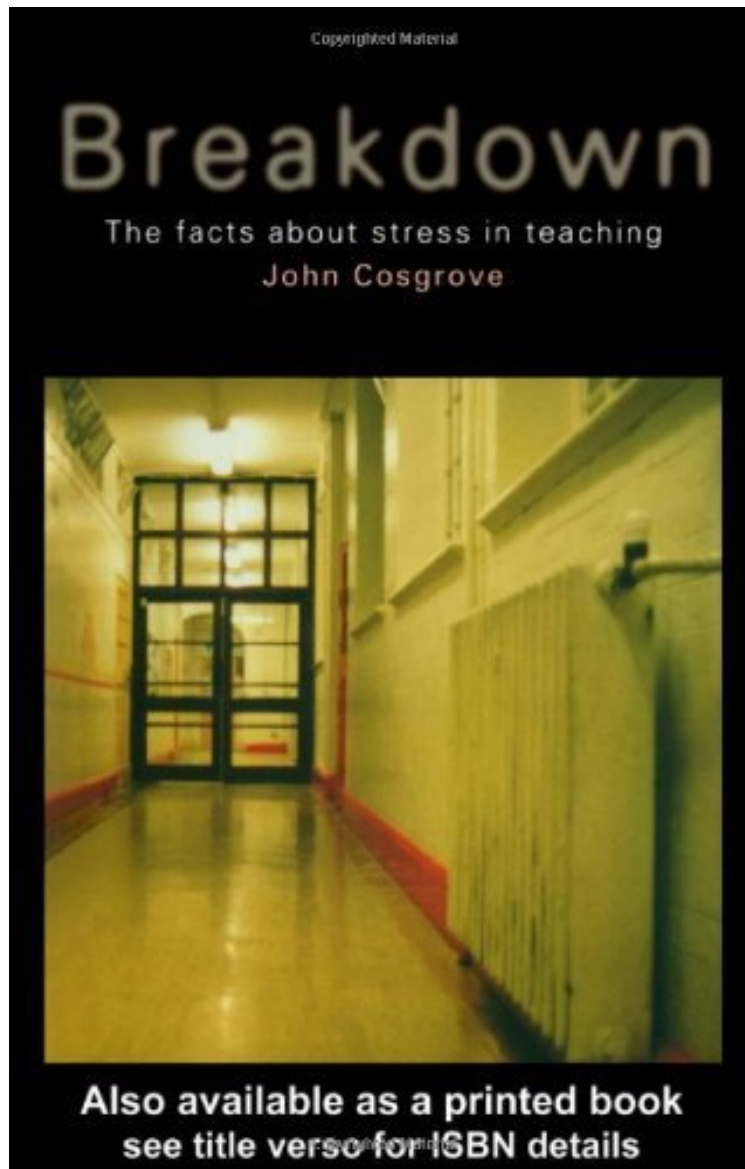


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Breakdown: The Facts About Teacher Stress

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John Cosgrove : Breakdown: The Facts About Teacher Stress before purchasing it in order to gage whether or not it would be worth my time, and all praised Breakdown: The Facts About Teacher Stress:

Between 1989 and 1999 half the teachers in England and Wales quit their posts. By the late nineties more than six thousand teachers a year were retiring early on grounds of ill health. In recent years hardly a school in the country has not lost at least one teacher because of a 'nervous breakdown'. Breakdown looks at what is happening in teaching

today. Why breakdowns have become so common, what it means to suffer a breakdown, and the consequences of this epidemic for schools and children. It suggests what teachers can do to help themselves, what schools should do to help their staff and the ways in which the local authorities can offer practical support.

'A thorough and believable look into what is going on in schools and why teachers are more stressed than other working adults ... well researched and authoritative.'- Sue Furness, Teacherline co-ordinator, The Teacher Support Network
About the Author John Cosgrove has twenty years' experience as a teacher in both primary and secondary schools. Formerly a local councillor and twice a parliamentary candidate, he has had several articles published in the London Times Educational Supplement.