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## **Breakthrough: Learn the Secrets of the World's Leading Mentor and Become the Best You Can Be**

*David C.M. Carter*

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# BREAK THROUGH

Learn the secrets  
of the **world's**  
**leading mentor**  
and become the  
best you can be

**DAVID C. M. CARTER**

*Foreword by Matthew Kelly, author of *The Dream Manager**

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**David C.M. Carter : Breakthrough: Learn the Secrets of the World's Leading Mentor and Become the Best You Can Be** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Breakthrough: Learn the Secrets of the World's Leading Mentor and Become the Best You Can Be:

0 of 0 people found the following review helpful. A little quirky in parts especially where you get to the Eastern Medicine stuff but otherwise an excellent survey of the "be youBy Thomas GarmanSuperlative work in the self-help

genre and well worth the read. A little quirky in parts especially where you get to the Eastern Medicine stuff but otherwise an excellent survey of the "be your best self" literature with lots of great worksheets. 1 of 2 people found the following review helpful. Very inspiring! By Ohliveuhh I recommend this book to all of my friends! It's very encouraging to change your life for the better! Definitely worth the money! 2 of 2 people found the following review helpful. What a wonderful, inspiring, resourceful book By F. Kelly-soens If you are normally upbeat, but today suffering a little with one of life's bumpy roads this book will certainly help pick you up and set you on a smoother path. David's words in "Breakthrough" are easy flowing and personable, with many techniques and ideas to fire up your inner strength. I am so delighted my friend recommended this book just at the right time for me, just like the old wise saying... "when the student is ready the teacher will appear".

Choose to be the best version of yourself—and keep on choosing it! For the first time, the world's leading mentor David C.M. Carter shares his most effective "breakthrough" secrets in this practical guide to becoming the best you can be. Previously only accessible to his handful of exclusive international clients, these strategies are the key to a more successful and happier you. By following them, you will learn how to identify and clarify your goals—and then achieve them in every area of your life. With simple easy-to-action "breakthroughs" outlined in each chapter, complete with how-to tools, you'll have no excuse to live anything less than the life you were destined to live.

"Rather than going for a one-size-fits-all approach, Breakthrough is about being the best version of yourself you can be; if you buy only one self-help book this year, make it this one." —The Sunday Times, UK  
"This is a brilliant book about how to be brilliant. With poignant stories and simple processes, David takes you through the key areas of your life and shows you how to break through the barriers that prevent you from being the very best you can be. I read it in one sitting, which is enough to realize I will have to use and re-use the book to reach my goals. Highly recommended." —Kevin Murray, Chairman, The Good Relations Group  
"In his wonderful first book, Breakthrough, David brings alive for readers the experience that his clients so enjoy while working one-on-one and face-to-face with him. The tools in the workbook are well thought through, comprehensive and thorough. Completion of the exercises will bring about a breakthrough for anyone who has read the book." —Joan Shafer, former Chief Learning Officer, Merryck Co  
"David genuinely makes it easier for you to create breakthroughs rather than make them sound easier. That's because David is a giver—he gives freely of his experiences and of himself, something that's refreshingly different. As David himself puts it: 'I have packed in 150 years of life into this book, though I am only 53.' It's a must-read for anyone who wants to become better—and that's everyone!" —Rajeev Suri, Chief Executive Officer of Liqwid Krystal India Limited  
"David knows his subject. He's remarkably good at framing things and helping you make decisions. Not taking it off you but leaving it for you to resolve. David is excellent at facilitating the process to do that. David has a remarkable ability to understand people and to help them maximize their potential and opportunities, coming at it from their perspective." —Nick Booth, Campaign Director, NSPCC Full Stop Appeal  
"Someone once said that if you don't know where you're going, you're lost. With David's mentoring, you'll be able to figure out where you really want to go, how to get there and how to enjoy the journey." —John Moore, Chairman of Gorkana Group  
"Half the battle to be a successful leader in an organization is to begin to know what you don't know. David is very good at helping you know what you don't know." —Simon Calver, CEO of Mothercare and former CEO of Lovefilm  
"David is unconventional, creative, non-linear. And he is a great example of what can be achieved in non-traditional ways." —Vitaly Vasiliev, CEO, Gazprom Marketing Trading  
"I think everyone, regardless of their seniority, at one stage or another in their life might need a mentor. When it comes to very important changes in their life they would need that. David is a hard-working professional, a dedicated and passionate person. I saw the efforts and how tirelessly he works around the clock to make things happen." —Elham Hassan, Chairman, Healthcorp Bahrain  
"When David leaves people, he leaves behind something special. He becomes part of their mindset. They are continuously asking themselves, 'What would David think about this?' That's a phenomenal gift he has." —Alison Hutchinson, Chief Executive, Pennies Foundation  
"David Carter is a master at helping people achieve breakthroughs in their lives. He is not simply a life coach or executive coach, nor just a mentor—he is The Mentor. Who has no agenda on your life except wanting you to become all you are capable of being? Sadly, most people don't have anyone like this in their life. David Carter is the best in the world at it." —Matthew Kelly, New York Times bestselling author of The Dream Manager and The Rhythm of Life  
"About the Author David C. M. Carter is widely regarded as one of the world's leading mentors. He has an exclusive list of just 10 clients at any one time, ranging from CEOs of major companies to entrepreneurs, celebrities, and philanthropists. He has enjoyed the highest of personal and business successes—and as well as survived a few failures and near disasters, each time making a comeback as a "better version of himself." He is

based in London.