

[Free] Brilliant Career Coach: How to find and follow your dream career (Brilliant Business)

Brilliant Career Coach: How to find and follow your dream career (Brilliant Business)

Sophie Rowan

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Sophie Rowan : Brilliant Career Coach: How to find and follow your dream career (Brilliant Business) before purchasing it in order to gage whether or not it would be worth my time, and all praised Brilliant Career Coach: How to find and follow your dream career (Brilliant Business):

For anyone who wants to have a more fulfilling and successful work life, this coach-in-a-book will guide you step-by-

step through the process of finding your ideal career. Whether you are looking for your next opportunity, stuck in a rut, or even wanting a complete change of career, this book will help you have a happy, successful career. It is packed with smart advice; clever exercises; insights from world-class careers experts; and stories from people, like you, who've already taken the journey. **BRILLIANT OUTCOMES** Understand what makes you happy at work and how to identify your ideal job Create a plan to ensure your future success and satisfaction Know every technique to land the job of your dreams Use smart ways to get ahead and stay ahead at work Know that your future work will be fulfilling and rewarding.

From the Back Cover Ready to love what you do? You will spend over half your life at work, so it's pretty important to make sure you love what you do. So, whether you are looking for your next opportunity, stuck in a rut, or even wanting a complete change of career, this book will help you have a happy, successful career. Drawn from the worlds of coaching and psychology, the techniques in this book have already helped thousands of people to have a brilliant career. It is packed with smart advice; clever exercises; insights from world-class careers experts; and stories from people, like you, who've already taken the journey. **BRILLIANT OUTCOMES** Understand what makes you happy at work and how to identify your ideal job Create a plan to ensure your future success and satisfaction Know every technique to land the job of your dreams Use smart ways to get ahead and stay ahead at work Know that your future work will be fulfilling and rewarding. About the Author Sophie Rowan is an Occupational Psychologist with 15 years' experience working in Career Development and Coaching. For the past six years, she has worked as a partner for Dublin-based business psychologists, Pinpoint (www.pinpoint.ie), a niche consultancy that helps companies choose and develop the best talent, and helps individuals get the most out of their career. Previous to that she was Head of Career Development at Career Psychology Ltd. London. Sophie is an active member of the Psychological Society of Ireland (PSI) and the British Psychological Society (BPS).