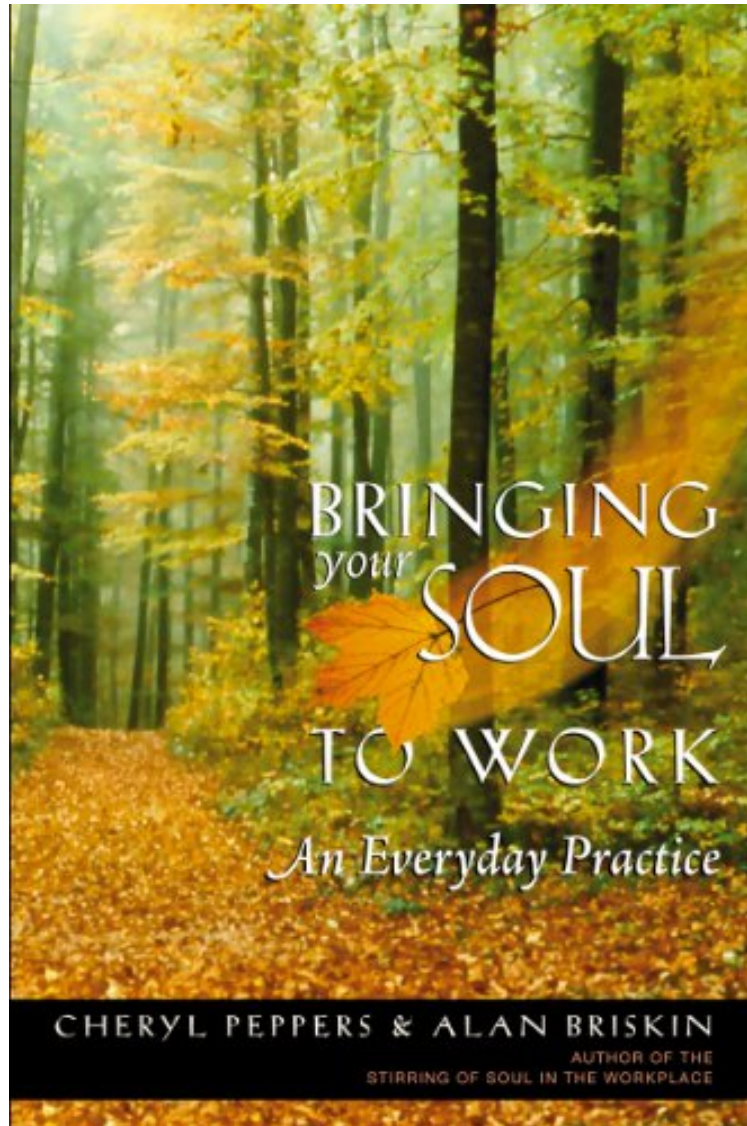


[Free pdf] Bringing Your Soul to Work: An Everyday Practice

## Bringing Your Soul to Work: An Everyday Practice

*Alan Briskin, Cheryl Peppers*

*DOC | \*audiobook | ebooks | Download PDF | ePub*



DOWNLOAD



READ ONLINE

#1739648 in eBooks 2000-08-30 2000-07-10 File Name: B005LY2EGI | File size: 61.Mb

**Alan Briskin, Cheryl Peppers : Bringing Your Soul to Work: An Everyday Practice** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Bringing Your Soul to Work: An Everyday Practice:

13 of 14 people found the following review helpful. Like eating an Oreo Cookie! By Roger E. Breisch I love a profound exploration of a topic as much as an experiential treatment. In his two books (This one co-authored with Cheryl Peppers and "The Stirring of Soul in the Workplace"), Alan gives us both. His first book delves into religious, mythological and psychological views of soul and how those help us discover our own soul when our inner self meets the outer world. This volume is filled with meditative and reflective ways to explore soul on a daily basis. The metaphor these books bring to mind is—please don't laugh—an Oreo cookie. You can eat the cream filling or the chocolate

cookie. But eaten together...what a treat! In his books and in his work, Alan describes how we must use the wholeness of life—the good and the bad...yin and yang—to understand the multiplicity of selves within us. Too often in organizations, we try to fractionalize ourselves and our work in ways that make exploring the wholeness difficult or impossible. I highly recommend both of Alan's books. 0 of 0 people found the following review helpful. *Practical Food for the Soul* By Revlid This book is grounded spirituality. It's not for everyone, because the topics covered here require a fairly high level of self awareness, even to be in this conversation. For those who desire to live a life of alignment between public and private selves, and between our external and internal worlds - this book is masterful! 9 of 11 people found the following review helpful. *Bringing Your Soul to Work: An Everyday Practice* By Renee A. Levi In this book, Peppers and Briskin offer even more than insights into enhancing our relationship with our work today, they offer guidance for navigating our work as we will come to know it in the years ahead. As traditional, hierarchical work environments steadily give way to networked nodes of information and action, the locus of control will shift from outside of ourselves to inside. By guiding us gently into our selves and our own sources (and drains) of power, the authors provide important tools to help us engage in a world of work in which we are inextricably linked with one another. I highly recommend this book for those who know that the future is here.

EMPLOYEES TODAY are actively searching for more meaning in the workplace, for work that resonates with their being. How does one dare yearn for something more, when so many workplaces seem aligned solely with financial survival and profit making? How do we get work done amidst the demands and tugs on our soul? *Bringing Your Soul to Work* addresses these troubling questions in a way that provides a pathway for readers who want to bridge the gap between their spiritual and work lives. It honors readers' unique experiences and challenges them to think differently, aligning their actions with their hearts. Engaging, inspiring, and poetic, yet grounded in real life, this book is written by consultants who see the contradictions of the workplace firsthand. Using case examples, personal stories, inspirational quotes, visual images, reflective questions, and specific applications, it shows readers how to use their own experience to grapple with the gritty realities of the workplace. Throughout the book, readers are invited to consider the book's concepts in relation to their own unique situations and, in the case of the applications, to record their responses in writing. They then learn to construct meaning from their own experience, drawing on imagination and practice, as well as the specific circumstances of their work lives. Addressing what many feel but cannot say out loud, *Bringing Your Soul to Work* links ideas about soul to the realities of work in a unique way. For all those looking to increase their effectiveness at work and bring more feeling, imagination, and heart into their efforts with others, it will serve as a guide for creating something new and lasting.