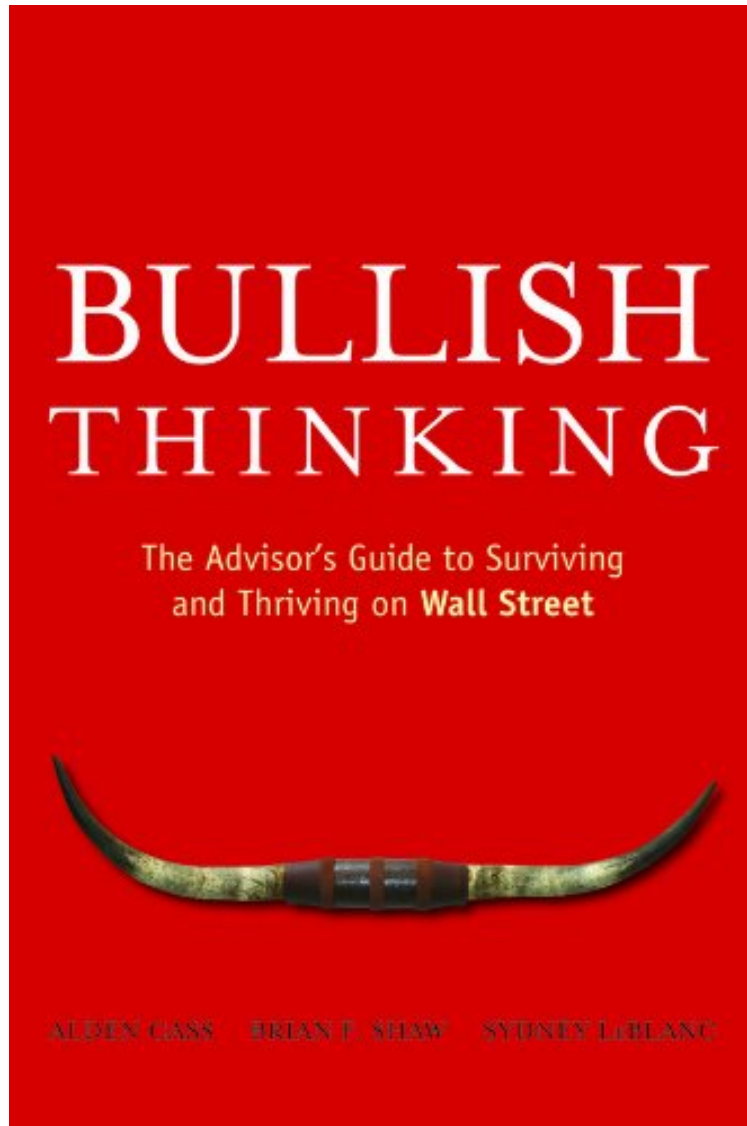


[Ebook free] Bullish Thinking: The Advisor's Guide to Surviving and Thriving on Wall Street

Bullish Thinking: The Advisor's Guide to Surviving and Thriving on Wall Street

Alden Cass, Brian F. Shaw, Sydney LeBlanc
*DOC | *audiobook | ebooks | Download PDF | ePub*



 Download

 Read Online

#1081582 in eBooks 2012-12-12 2012-12-12 File Name: B00B2T1DCW | File size: 46.Mb

Alden Cass, Brian F. Shaw, Sydney LeBlanc : Bullish Thinking: The Advisor's Guide to Surviving and Thriving on Wall Street before purchasing it in order to gage whether or not it would be worth my time, and all praised Bullish Thinking: The Advisor's Guide to Surviving and Thriving on Wall Street:

6 of 7 people found the following review helpful. A Real Picture of Wall StreetBy Big SwingerIn my 14 years as a financial advisor on Wall Street, I've seen almost everything there is to see. Nothing shocks me anymore and I have become weathered by the ups and downs of the markets. I'm good at what I do for others financially, but I'm terrible

about helping myself. I work with a guy who actually goes to see Dr. Cass and he recommended this book to me. As jaded and cynical as I have become, I initially thought that psychologists could never understand my daily job description or my stresses. Boy was I wrong! It was scary to read about some of the case studies because it felt like the writers were talking about me and my life! So much so that I actually sat down with my wife to show her the section on the Iceman so she could better understand me. There wasn't a lot of psychobabble and the Bullish Thinking strategies that are offered seemed doable at work and at home. It's rare for me to be impressed with a book, but this one seems to offer me value. Lessons about how to live my life better and how to make more money at the same time. Kind of like a Nirvana! Great read, quick and easy. No BS and these psychologists don't seem fake like so many we hear about. 3 of 4 people found the following review helpful. Lawyers Have it Rough Too! By Legal Dan Legal dan I am not a broker or trader. In fact I don't work on Wall Street at all. Regardless, my job is extremely stressful and my work hours, extremely long. I am a corporate litigator and was emailed a blurb about this book from one of my buddies on Wall Street. I was having a tough time managing my anger at work when unpredictable things happened during one of my hearings or throughout the course of a case. I would fly off the handle at my colleagues and my wife. The Channeled Rage section of this book helped me gain control over the powerful emotion of anger. Now I no longer feel lethal with my anger. The Bullish Thinking section is also good for helping me focus on the crazy thoughts that often precede my anger and frustration. I guess there is hope for me after all. My message is that Law is just as stressful as Wall Street and anyone working in this job should read this. If you have ever seen the inside of a court room you would see that there are many angry lawyers out there! 0 of 0 people found the following review helpful. Thinking strategies for success! By Mary B. Welsch Finally, a book that addresses stress and depression in the business world! Whether you are an advisor on Wall Street or selling real estate in California, this book provides you with the insight, skills and resources to deal with the everyday stresses of your job in this volatile economy. To be able to understand the different personality types and your own mindset and those of the people around you is something powerful to walk away with after reading this book. The book gives you the knowledge each of us can use to make clear steps in being able to deal with stressful situations and become more successful in our relationships at work, as well as at home! A must read.

Bullish Thinking is packed with hard-hitting true stories of financial professionals who have faced the many job stressors that fill this competitive industry. In it, you'll learn how to identify particular problems and initiate the process of getting help, all while reading in-depth case studies and extensive examples that exemplify the obstacles you may face. Throughout the book, the authors take the time to introduce you to action-oriented approaches that will help you survive and thrive during even the toughest times.

"Filled with in-depth insights, strategies, case studies and expert advice" HerelsTheCity.com Monday 21 April 2008
"Filled with in-depth insights, strategies, case studies and expert advice" HerelsTheCity.com Monday 21 April 2008
From the Back Cover Praise for Bullish Thinking "Bullish Thinking is a great read. The members of the Silver Institute truly enjoy Alden Cass's thought process as it relates to surviving in the fast-paced world of trading precious metals. I recommend this book to anyone involved in the financial services industry." —Michael DiRienzo, Executive Director, The Silver Institute "Bullish Thinking is a must-read book for sales professionals in every industry. Coping with adversity and emotional stress is an art that stock brokers, wealth advisors, and other financial professionals should acquire, in order to maintain stability, focus, and success in the office and in their personal life. I highly recommend this book to new and experienced advisors alike, as well as their managers, assistants, and staff." —Tom Froehlich, CIMC, CIMA, Froehlich Financial Group, LTD, President, Wealth Advisor Institute "Bullish Thinking is a powerful volume filled with positive thinking and hands-on strategies to help advisors and brokers change negative attitudes that affect their production, the running of their business, and their clients. A blueprint for success." —Keith Gregg, President and co-CEO, First Allied Securities "Dr. Cass's Bullish Thinking coaching, seminars, and private sessions have helped countless financial advisors, both in terms of their professional lives and their personal lives. Bullish Thinking is an excellent resource. The teamwork of Dr. Cass and Dr. Shaw is unmatched in the financial services industry." —Leo Pusateri, President, Pusateri Consulting and Training, LLC, Buffalo; author, Mirror Mirror on the Wall Am I the Most Valued of Them All? "Dr. Cass's and Dr. Shaw's observations are powerful and cut right to the underlying issues in our industry. Our only assets are people. They enter and leave the building every day. The health of our industry and the success of our clients are directly linked to the emotional well being of the professionals that serve." —Timothy J. Pagliara, Managing Partner, Capital Trust Wealth Management
About the Author Dr. Alden Cass, PhD, is a licensed clinical psychologist and performance coach for competitive executives, athletes, and musicians. He is President and Chief Consultant of Catalyst Strategies Group, a team of psychologists specializing in coaching financial services executives and individuals performing under stressful job conditions. Dr. Cass conducted the nation's first clinical investigation in twenty-five years on the mental health of stockbrokers. He also writes a Web column for Trader Monthly magazine and TheStreet.com, and is a bimonthly columnist for On Wall Street magazine. Dr. Brian F. Shaw, PhD, is a professor of psychiatry and public health

science, a clinical psychologist, and one of the originators of applied cognitive-behavioral therapy. He is the coauthor of *Addiction and Recovery For Dummies* (Wiley) and *Cognitive Therapy of Depression*, and the principal of BFS Consulting, a sports and entertainment consulting firm based in Toronto, Canada. SYDNEY LeBLANC is a thirty-year financial services industry veteran, journalist, publisher, and author, as well as a codirector of The Fisher LeBlanc Group. Cover image courtesy of hornandleather.com