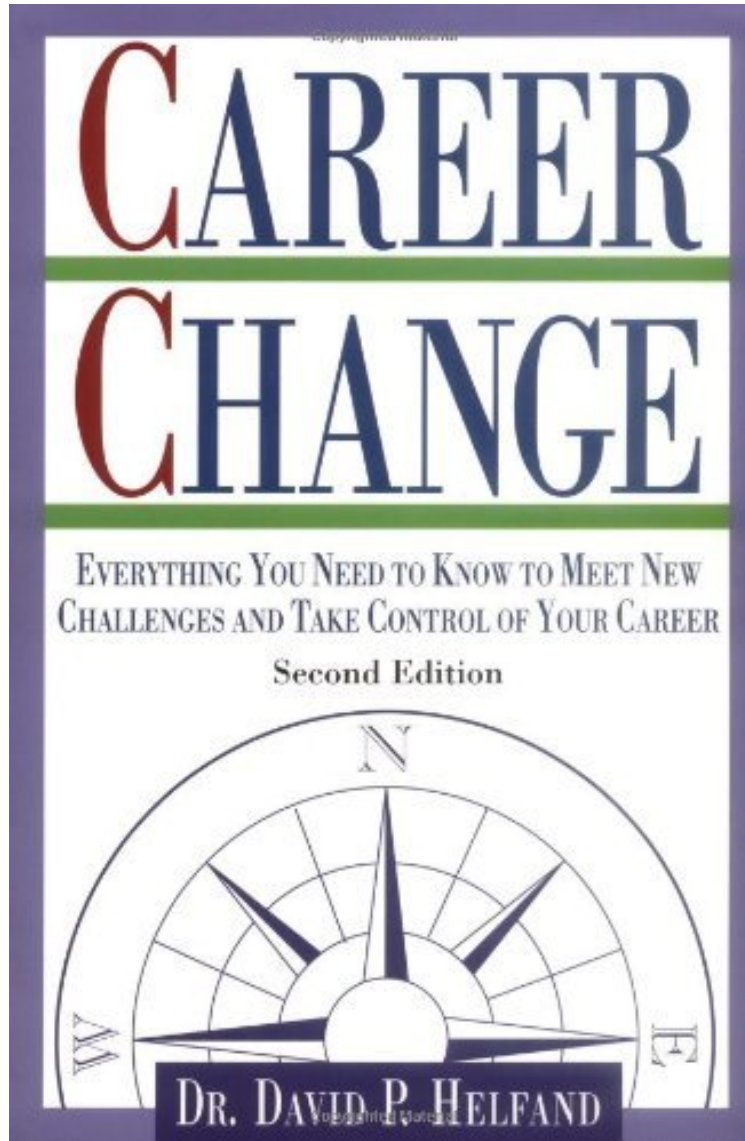


(Mobile book) Career Change

Career Change

David P. Helfand

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David P. Helfand : Career Change before purchasing it in order to gauge whether or not it would be worth my time, and all praised Career Change:

4 of 9 people found the following review helpful. Top Ten Career Book for '99, L.A. Times By David P. Helfand...What People Are Saying Joyce Lain Kennedy, Los Angeles Times Syndicate, picked "Career Change" as one of the Top Ten Career Books for 1999."Career Change is a four star book.....this authoritative guidance by a well-credentialed career counselor earns a fifth star for addressing special needs of women, minorities, over 50, disabled and ex-military."Michelle Tullier @ Monster.com"accurate in it's advice and comprehensive in it's approach.

Anyone contemplating making a career change-whether by choice or necessity-will be well served by this book. "Career Change" is the most comprehensive handbook available on every aspect of the career transition process."American Counseling Association"A succinct, well focused guide to career planning and job issues."National Career Development Assoc."Very useful....Dr. Helfand offers solid, concise advice, reflecting 20 years as a career counselor and professor."Career Opportunity News"A comprehensive review....contains far more content than the usual career guidance book."Highlights of 2nd Ed. of Career Change include:10 Profiled Career Changers - Read about their successes, some difficult decisions, and what strategies have worked for them since their last interviews four years ago.Tony, Our Case Study Subject, Has Been Reinterviewed - Find out how Tony's career is going and his reaction to the career counseling he experienced five years ago.Internet Sites Added - Over 200 top internet sites, related to career planning topics in the book, are referred to. Discover the wealth of information that awaits you on the internet.Self Assessment Exercises - To help you better focus your career change both the Work Values Satisfaction Self Assessment and the Entrepreneurial Personal Characteristics Self Assessment have been simplified and are now easier to complete and score.Demographic Job Market Statistics - All demographic, as well as job market outlook statistics, have been updated to aid you in your career change.List of Recommended Readings - Over 140 recently published, recommended career books, have been added to the list, bringing the total to over 300 books. Let our work save you hours in identifying the best books, in every major career planning topic.Highlights of 1st Edition, Still Included in 2nd Edition:A detailed, in-depth, client case study is presented, showing step-by-step how to complete an Analysis of Life Experience exercise and with this client's actual Strong Interest Inventory and Myers-Briggs Type Indicator results, readers are shown how all this information is combined, to identify meaningful career options, for adults who may be unsure about what career to pursue.Additional self assessment exercises are included to help readers assess; their current level of job satisfaction (or identify the most important aspects for future job possibilities) by rating 80 Work Values in 7 categories, their entrepreneurial potential by rating 50 Personal Characteristics in 8 categories.Strategies for overcoming the fears of change, failing and success, as well as related perfectionism and procrastination.Solid suggestions for increasing one's self-confidence and self-esteem, thus enhancing one's view of self and possibilities in the world of work as well.Ideas for resolving issues related to time and money, such as; the possible need for further education, training or experience, job searching while employed, and coping with potential salary reduction when changing careers, and more.Strategies for dealing with a tight job market, how to best job search and get the job one most wants, as well as insights into where the jobs will be during the 90's and beyond.Step-by-step directions on researching employers in the library along with descriptions of over 60 related library resources.Seven chapters dedicated to eight groups with special challenges in the workplace; women, minorities, people over 50, people with disabilities, dual career couples, single parents, ex-military personnel, and mid level managers.The actual experiences of 10 career changers are profiled throughout the book.I hope that Career Change can make a difference for you.David P. Helfand, Ed.D., Licensed Clinical Professional Counselor, National Certified Career Counselor...3 of 8 people found the following review helpful. "Best of the Bunch"By David P. HelfandRandall Hansen, Ph.D., Webmaster/Publisher of the leading career website Quintcareers.com had this to say about Career Change:"There is no question that if you are to use just one book in making the decision to change careers, that Helfand's Career Change is the book to use.....extremely thorough, provides excellent and empowering examples.....an impressive and comprehensive book about career change, the best of the bunch".February, 2003.Barbara Grauer, Book Review Editor for the Career Planning Adult Development Journal had this to say about Career Change,".....valuable resource, remarkable book, written with enthusiasm and the utmost sensitivity, a wonderful compendium of the best strategies for a major career change, used as a bible and guide--one could effect a career change with fabulous results".8 of 12 people found the following review helpful. Save your moneyBy Bett72I did not find this book helpful at all. It is packed with academic speak and very little practical material. I would recommend Richard Bolles' What color is Your Parachute, Howard Figler's The Complete Job Search Handbook, and J. Michael Farr's How to Get the Job You Really Want (this book is more of a manual and has some great ideas in terms of job searching and how to go about it. This one is definitely a must).

Those looking for a new career direction will find reassuring advice in this upbeat guide--from overcoming obstacles to adapting to change to assessing a new employer.