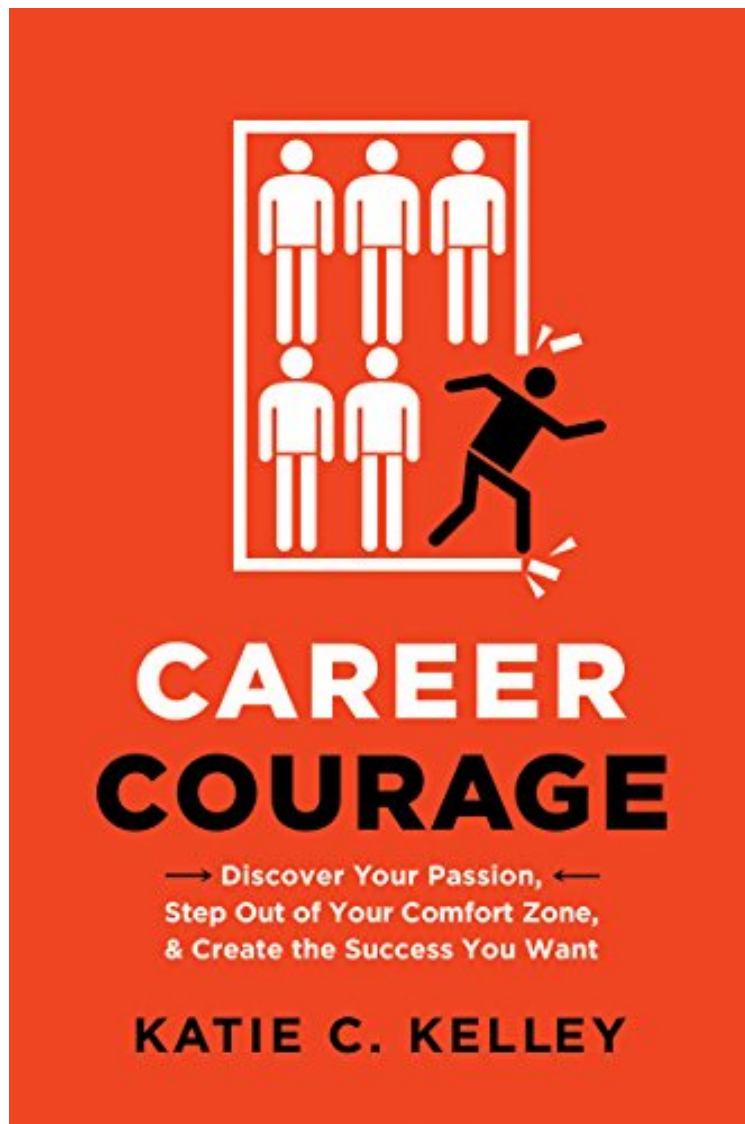


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## Career Courage: Discover Your Passion, Step Out of Your Comfort Zone, and Create the Success You Want

*Katie C. Kelley*

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**Katie C. Kelley : Career Courage: Discover Your Passion, Step Out of Your Comfort Zone, and Create the Success You Want** before purchasing it in order to gage whether or not it would be worth my time, and all praised Career Courage: Discover Your Passion, Step Out of Your Comfort Zone, and Create the Success You Want:

0 of 0 people found the following review helpful. A Useful Guide for Determining What's Next in Your CareerBy Sarah E. GrangerThis is a great read for anyone looking to take the next steps in his/her career. Particularly useful for

anyone earlier in their career or looking to make a change later on. It's full of insights based on psychology and solid research, it's well organized, and it's a good length (not too long, not too short.) Some takeaways: "make your vision tangible," "understand your unique talent," "remain open," "heed your gut instincts," "confront your discomfort." Career Courage is full of thought-provoking nuggets like these as well as exercises to help readers figure out what's next. 0 of 0 people found the following review helpful. solid overview of career path considerations By Kevin Curran Just finished Career Courage. It provides a very nice roadmap for an upward trajectory in one's career. There's lots of tips and guidelines to help folks manage risks and avoid pitfalls. I teach university courses to mostly sophomore year students. These young adults are just beginning to think about what they want their career path to look like - I wanted to find a book that I could recommend and share with them - to help them organize their thoughts. I think this book will do the job just fine. Dr. Kevin Curran University San Diego 0 of 0 people found the following review helpful. Five Stars By Jen Robie I love Katie Kelley!!!! She put the pep back in my career step.

What do you want to be when you grow up? That question nags at us long after childhood. Why is it so hard to figure out? Because finding your true calling takes courage. It means conquering fears, shedding misguided ideas, and mustering the strength to let go of a safe job and stage your next act. Career Courage serves as a personal coach through the soul-searching and planning process ahead, whether you're a college grad contemplating choices, a seasoned professional seeking new directions, or a stay-at-home mom preparing to reenter the workplace. Packed with exercises and stories of inspiring second acts, the book poses tough questions about motivation, confidence, character, risk tolerance, and more. The answers will power your journey forward as you learn to: Clarify what really matters Express your point of view Build strong relationships and a robust network Stay focused on finances Think like an entrepreneur Prioritize a truly fulfilling life And more A career that seemed promising can feel like a dead end today. Career Courage helps you break free and create your own brand of success.

"Whether you are already employed and dissatisfied with your current situation or just starting out and unsure in which direction you want to go, Career Courage provides ideas and offers up the tough questions that you need to ask yourself to determine the path to follow." --Small Biz Trends From the Back Cover Career Courage provides fantastic coaching that is inspiring, practical, and useful. It will not only increase your motivation to become the person that you can be, it will increase your ability to become that person! -- Marshall Goldsmith, New York Times bestselling author of Triggers, MOJO and What Got You Here Won't Get You There I highly recommend this step-by-step guide to anyone seeking a richer and more rewarding career. -- Casey Sheahan, Former CEO, Patagonia, Inc. Whether you've just begun searching for your dream job or hit a pivot point in your career, you can keep dreaming -- or you can launch yourself on the empowering path to a more fulfilling and rewarding future. Career Courage walks you through the vital process of analyzing your motivations, taking stock of strengths, and mustering the courage to stage your next act. You'll find . . . Inspiring stories of people who hit critical junctures and broke through fears and limitations to make a change bull; Guideposts for finding your true calling and improving your ability to take risks, build alliances, project confidence, and create trust and goodwill in your life and work bull; Strategies and insights from a seasoned career coach who serves as your personal guide through the questioning and development process ahead. What's holding me back from pursuing my dreams? Career Courage prompts you to ask tough questions, and find the answers about what makes you tick. Can I pursue my dream without jeopardizing my current financial needs? Career Courage gives you exercises for mapping out financial goals and making smart decisions for a better future. What do I need to do to get the leadership position I've been wanting? Career Courage helps you face the challenges and practice becoming a person who achieves great things. How can I make a change? Career Courage offers advice for cultivating relationships, expanding your network, increasing your influence -- and creating your own brand of success. Katie C. Kelley is People Development Director for Fuerst Group, parent company of KEEN footwear and Chrome Industries. Her own career pivots include stints as a psychotherapist, a medical salesperson, an ABC Television contributor, and, most recently, as an executive coach with clients that included Google and Time Inc. Connect with Katie at [katiekelleynetworks.com](http://katiekelleynetworks.com) About the Author A native Californian who spent time living in Europe, Katie C. Kelley received her bachelor's degree in psychology from Boston College and her Masters in Clinical Social Work from Smith College. After earning her psychotherapy license while working at Cornell Medical School's New York Presbyterian Hospital in Manhattan during her late twenties, Katie embarked upon a major career change and shifted to working on a sales team for three years with Novartis. In order to fuse her clinical training with her business experience, Katie earned certifications from the Organizational Development Program at New York University and the Core Essentials Program at Coach University. Her growing interest in developing business 'super stars', motivated her to launch her own business, Katie Kelley Networks, in 2009 upon her cross country move to Portland, Oregon. For six years, Katie helped prepare men and women for senior level roles through her trainings, executive coaching, networking events and speaking engagements throughout the United States. Her clients included Google, Time Inc., Novartis and Meeting Planners International. From 2011-2014, Katie also served as a regular on-air business contributor on ABC's

"AM Northwest", the #1 watched morning television show in her home town. She and her father, Patrick Curran, author of COBRA: The X Factor in Strategy Execution (2009), co-published an article in Training Magazine (2012),  
Expanding Your Organizational Influence. Katie currently serves as the People Development Director for Fuerst Group (KEEN Footwear, Chrome Industries and more).