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Brad Harrington, Douglas T. Hall

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Career Management & Work/Life Integration

Using Self-Assessment
to Navigate Contemporary Careers



Brad Harrington
Douglas T. Hall



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Brad Harrington, Douglas T. Hall : Career Management Work-Life Integration: Using Self-Assessment to Navigate Contemporary Careers before purchasing it in order to gauge whether or not it would be worth my time, and all praised Career Management Work-Life Integration: Using Self-Assessment to Navigate Contemporary Careers:

1 of 1 people found the following review helpful. Very useful. Do the "homework" if it fits your style of learning
By Steven Byrd
The Good
It does offer a detailed process for students to begin their job search and their careers. A clear explanation of how the labor force and job market is changing. Provides examples and templates on how to express

one's goals in writing. Good insight into the power of networking and meeting people. Explains various types of work environments. The Bad At the time of this review, this book retails for \$50.66. In my opinion, \$20 is more reasonable. There are sections that involving codifying your persona data. In this case, it is a question of what are your strengths and weaknesses, what does and does not interest you. Rank these stats accordingly. This is way too complicated for my style of learning. For those who enjoy building matrices and quantifying yourself, this may interest you. 0 of 0 people found the following review helpful. Essential Guide for Today's Working Parents By Stephen Tuttle Career Management and Work-Life Integration provides excellent career information and many great self-assessment activities. The main point of the book is that we all need to take control of our own careers given that no employer these days will do it for us. Beyond making this important point, the book then provides ways for the reader to understand what is happening in the world of work, and how best to manage their career in order to maximize personal and professional success. As a working father with two young children and a demanding job, I found the book provides an excellent "how to" guide to better understanding and approaching the always difficult issue of striking the right balance. While I did not complete all the exercises in the book, I could see myself returning to it as a resource at different stages of my career/life. Overall, an excellent and highly useful read for any working people, especially working parents. 0 of 0 people found the following review helpful. professionally and in terms of career planning and trying to figure out what careers/industries I am best suited for By EmK This book has been very helpful academically, personally, professionally and in terms of career planning and trying to figure out what careers/industries I am best suited for.

Career Management Work/Life Integration: Using Self-Assessment to Navigate Contemporary Careers is a comprehensive, easy-to-follow guide to managing contemporary careers. Although grounded in theory, the book also provides an extensive set of exercises and activities that can guide career management over the lifespan. Authors Brad Harrington and Douglas T. Hall offer a highly useful self-assessment guide for students and other individuals who want to deal with the challenge of succeeding in a meaningful career while living a happy, well-balanced life.