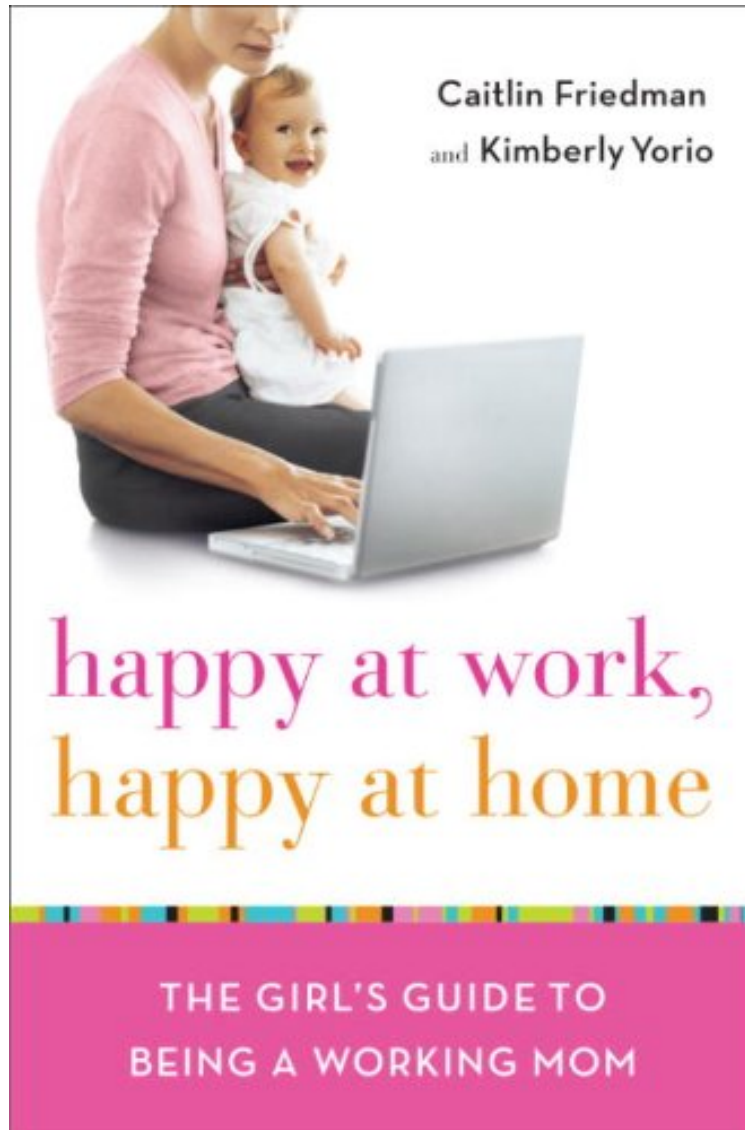


(Library ebook) Happy at Work, Happy at Home: The Girl's Guide to Being a Working Mom

Happy at Work, Happy at Home: The Girl's Guide to Being a Working Mom

Caitlin Friedman, Kimberly Yorio

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Caitlin Friedman, Kimberly Yorio : Happy at Work, Happy at Home: The Girl's Guide to Being a Working Mom before purchasing it in order to gage whether or not it would be worth my time, and all praised Happy at Work, Happy at Home: The Girl's Guide to Being a Working Mom:

4 of 5 people found the following review helpful. Any help is a BIG help...By RoxanneFirst of all, this book isn't just for working moms - it's for women who are pregnant and planning on continuing to work after having the baby, it's for stay-at-home moms considering going back to work (now or in the future), it's for anyone who is inspired by the

stories of amazing women (and there are many in this book) and of course it is for women who are battling the challenges, enjoying the successes and usually suffering the guilt of being a working mom. Any piece of advice or inspiration is a huge help to the many women out there trying to do it all (here's their first tip - stop that) and running out of time, energy, ideas and/or inspiration every day. Working mothers have no time to waste and this book won't waste your time. Skip the chapters that don't apply or just read the stories of other women and how they get through their day for a few tips on how to get through your day a little more easily. Read it from beginning to end or find what applies to you and what helps you - now or some time down the road. 2 of 2 people found the following review helpful. Happy at Work, Happy at Home: The Girl's Guide to Being a Working Mom By Henry W. Wright I bought this book for my working mom daughter. She has found it to be very helpful. My daughter has a dual job between being a mother and performing her outside work and publications like this are very useful. 0 of 0 people found the following review helpful. Gift for my wife By Kfir Lindheim She asked for it. She received it. She was happy with it. Don't know what else needs to be said.

This fresh, empowering, and fully comprehensive guide is the must-have handbook for every working mom! Caitlin Friedman and Kimberly Yorio have helped readers find their dream jobs, be a boss without being bitchy, and even start companies of their own. But what happens when a career girl becomes a mom and her world turns upside down? Can you maintain your ambition and momentum at work while still being the kind of parent you want to be? Of course you can! In Happy at Work, Happy at Home, Caitlin and Kim guide readers through every step on the road to having it all, offering detailed, practical advice in their trademark style. Working mothers themselves, these authors know what it means to juggle the demands of office and home, and they're here to help the rest of us. From first breaking the news that you're pregnant, to making the most of your maternity leave, to getting the help you need from your partner and childcare professionals, this book is a must-have resource for a whole generation of working women who aspire to keep their careers on track and their home life running smoothly (without losing their minds). As the title suggests, the insightful tips from both the authors and from intimate and eye-opening interviews with other successful moms will help all working mothers on their quest to be satisfied, fulfilled, and happy at work and at home. From the Hardcover edition.

.com Linda Kaplan Thaler and Robin Koval Happy at Work, Happy at Home Linda Kaplan Thaler and Robin Koval are CEO and president, respectively, of advertising agency The Kaplan Thaler Group. Together, Kaplan Thaler and Koval have also authored three bestselling books: Bang!: Getting Your Message Heard in a Noisy World, The Power of Nice: How to Conquer the Business World With Kindness, and The Power of Small: Why Little Things Make All the Difference. Read their review of Happy at Work, Happy at Home: Pregnancy. Maternity leave. The "next step." As mothers, authors, and executives ourselves, we know that while this time is incredibly exciting and special, it can be equally just as confusing and overwhelming. We've experienced first-hand the challenges of trying to balance a family and a career, and so we appreciated Friedman and Yorio's forthright, head-on approach to tackling the expected--and often unexpected--issues working mothers encounter. Perhaps most importantly, Happy at Work, Happy at Home arms readers with the facts, perspectives, and tools necessary to make their own smart decisions. The authors show that success (by any definition) lies in each woman taking charge of her situation and managing it by creating their own action plan. We particularly liked how they articulated applying your work skill set to this period in your life. Friedman and Yorio also do a strong job of sharing the stories of a wide range of women from various corporate backgrounds. Combined, these mothers' (and even some fathers') viewpoints and decisions illustrate that there is no one "right way" to do things. The only "musts" are to educate and be honest with yourself (no, you really can't do it all well, all of the time), as well as be flexible. These stories also generate a great sense of solidarity--this may be a unique time in your life, but you're not in it alone. As the authors point out, "If there was ever a time for mothers (working and stay-at-home) to band together, it's now." So whether you're a chief executive officer, or a "Mom in Chief," everyone deserves the same amount of respect and support. Happy at Work, Happy at Home is an empowering guide--one that will help readers find their own path to growing a career and family. --Linda Kaplan Thaler and Robin Koval (Kaplan Thaler photo copy; Gideon Lewin) (Koval photo copy; Chris Cassidy) From Publishers Weekly Working moms Friedman and Yorio (co-owners of a PR company, YC Media, and authors of The Girl's Guide to Kicking Your Career into Gear et al.) take on motherhood in their latest career advice book. Pointing out that the situation of working mothers hasn't changed much in the last decade (i.e., working moms still earn less than men and childless women, still feel guilt and continue to do more than their fair share of housework), the authors urge women to take matters into their own capable hands. Beginning with pregnancy, Friedman and Yorio walk women through the steps necessary to ensure smooth transitions to maternity leave and back to work by using organizational skills and planning (while simultaneously noting that once a baby enters the picture, anything can happen). The authors include tips on finding quality, reliable childcare and warn mothers that they will have to work harder, better and smarter upon return to work to prove that they haven't lost their ambition, edge, and guts. Friedman and Yorio stress that working moms can't do it all without help: delegating responsibility to dad, nanny

or others is essential, along with resisting the urge to micromanage. The authors also remind moms to focus on home life while at home and work life while at the workplace. Interviews with successful working mothers provide additional encouragement and insider perspective. (Oct.) Copyright copy; Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. "The thought-provoking guide comes at a time when the economy has mothers re-entering the workforce or becoming the sole income for a family. It is a nice companion for mothers doing the delicate dance between office and home."--Tulsa WorldFrom the Hardcover edition.