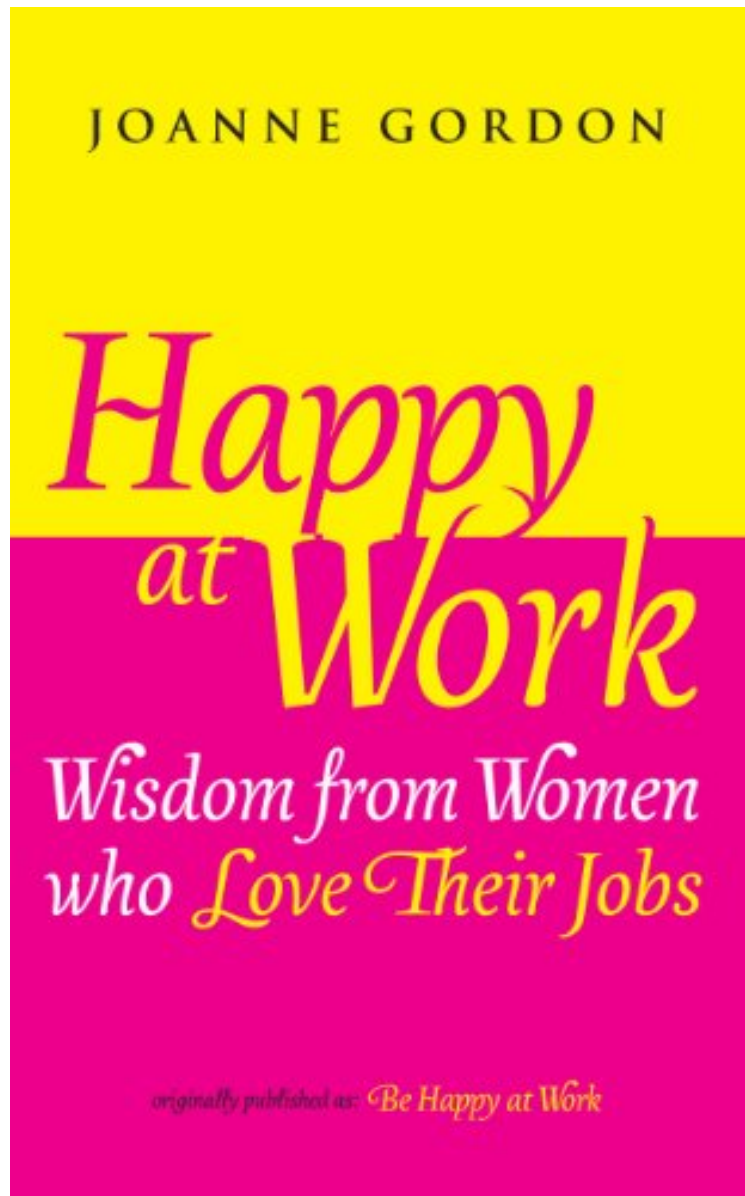


[Download free pdf] Happy at Work: Wisdom from Women who Love Their Jobs

## Happy at Work: Wisdom from Women who Love Their Jobs

Joanne Gordon

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**Joanne Gordon : Happy at Work: Wisdom from Women who Love Their Jobs** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Happy at Work: Wisdom from Women who Love Their Jobs:

0 of 0 people found the following review helpful. Be Happy at WorkBy N. McphersonI ordered this book as a result of a paper I was writing for a literature course based on writings from the American Workplace. The overwhelming

majority of the writings in the anthology that we are using for the course depict some degree of disgruntlement or misery in these workers. I had set out from the opposite position - what factors contribute to a contented and enjoyable workplace, and a happy worker. The book arrived just in time and with exactly what I needed to finish up my paper.<sup>2</sup> of 2 people found the following review helpful. Be Happy at Work by Joanne Gordon By Dr. Joseph S. Maresca The author identifies behavioral strategies requisite to selecting an enjoyable career that rewards and makes us happy. Specific motivational strategies include the following:- Persons displaying an innate enthusiasm and energy- Determined healers who try to facilitate disagreements rather than exacerbate them- Goal reachers who set goals and achieve them at each major milestone- Overcoming hurdles and obstacles to goal attainment This work reinforces the notion that there are no happy jobs but there are happy and well-adjusted workers. The volume would be helpful for anyone engaged in career planning. The author emphasizes constructive behaviors and strategies aimed at enhancing the work group situation during major milestones.<sup>4</sup> of 4 people found the following review helpful. Interesting and thought provoking By Armchair Interviews We spend almost a third of our life working, yet so many of us aren't happy with what we do. Joanne Gordon, author of Be Happy At Work, spent over a year searching for women who love what they do. Gordon has identified three themes and ten categories of happy working women. The 100 women come from all walks of life. Some are famous and some are everyday women. She tells their stories in a lively and straight-forward manner and discusses why they are happy and how we can achieve that same happiness in our own lives. I liked Gordon's bullet point definitions and descriptions. They were easy to find, read and refer to again. The stories are inspiring. If you're not happy at work, you might want to read this book - and then spend some good old-fashioned thinking time about what you can do to change your situation.

Love your job—regardless of age, field and economic climate. After interviewing more than 100 women who truly loved their jobs, author Joanne Gordon observed three distinct themes that connected them all. Gordon calls them The Three Ps: Process, Purpose and People. The real women in Gordon's Happy 100—from executives and entrepreneurs to artists and engineers—all found jobs that engaged their minds (Process), reflected their values (Purpose) and surrounded them with colleagues they respected, and who respected them (People). In Happy at Work, readers will discover ten types of happy working women. They include The Lovers, women whose work is fueled by a personal passion; The Thinkers, who thrive on intellectual challenge; The Surviving Artists, who make a sustainable living from a creative endeavor; The Determinators, who feed a need to excel and influence; The Heroines, who work to change the world; and The Builders, who delight in growing companies, teams or products. Here are the inspiring profiles of real women whose career stories will help you find yourself in their company, proving that loving one's job is not just for the lucky—it's an attainable possibility for every woman, everywhere, at any time.

From Booklist With the number of U.S. workers dissatisfied with their jobs at an all-time high, here, in contrast, are 100 women who love their occupations. (And yes, the author, now a contributing editor to Forbes magazine, counts herself as one.) In defining "happy," Gordon uses this as her common thread: "Being engaged in activities whose outcomes you are proud of and with people you respect." She exposes the three reasons behind happy work—process, purpose, people—and the 10 different categories of it. There are lovers, like latent librarian Karrie Fisher-LaMay, who live to work; thinkers, a la on-air journalist Leslie Stahl; and after-achievers, who have realized a "post peak incarnation" in a second career or via retirement vocations. And so on. What is significant—and absolutely inspiring—are the enthusiastic voices and the seven lessons to be learned from them, from knowing what you want to exuding confidence. Eminently personal and approachable. Barbara Jacobs Copyright copy; American Library Association. All rights reserved Advance praise for Be Happy at Work "Finally a book that celebrates the joys of women and work. A perfect antidote to all of the depressing talk about women not having it their way. If you want to feel great about your work life, let these women empower you."—Gail Evans, author of She Wins, You Win and Play Like a Man, Win Like a Woman "You can go through your working life frustrated or you can rekindle your career enthusiasm. The key is being open to the proactive thinking and advice Joanne Gordon offers."—Florence Stone, editorial director, American Management Association "Don't remain trapped in the awful cycle of hating your job. Joanne Gordon's sound advice and the inspiring stories make Be Happy at Work an important book for any woman who wants to do good—for herself, her family, and her employer."—Tory Johnson, co-author of Women for Hire: The Ultimate Guide to Getting a Job "As inspirational as it is practical, Joanne Gordon's Be Happy at Work can help women navigate the twists and turns it takes to find not only work you get paid for . . . but work you love. Thanks to her, The Happy 100 will soon be the Happy Millions!"—Mary Lou Quinlan, author of Time Off for Good Behavior: How Hardworking Women Can Take a Break and Change Their Lives "This book celebrates the hard work and determination of one hundred diverse women. By showcasing women in a variety of situations, Gordon reflects a reality of today's workforce: Women are managing their careers—and lives—through a series of informed decisions. The Happy 100 demonstrate the many paths to career success."—Ilene H. Lang, president, Catalyst From the Hardcover edition. About the Author JOANNE

GORDON is a contributing editor for Forbes where she was a reporter and writer for five years. She has also written about management, career, and workplace issues for Boston magazine, Working Mother, CosmoGIRL, and the Chicago Tribune. Before following her dream to become a writer, she spent six years in marketing and public relations. She has a master's degree in journalism from Northwestern University, and is the co-author with Mike Marriner and Nathan Gebhard, of Roadtrip Nation. She lives in New York City.