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How to Be a Positive Leader: Small Actions, Big Impact

Jane E. Dutton, Gretchen M. Spreitzer
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HOW TO BE A POSITIVE LEADER

Insights from Leading Thinkers on Positive Organizations



Small Actions, Big Impact

Edited by Jane E. Dutton and Gretchen M. Spreitzer

Foreword by Shawn Achor, author of *The Happiness Advantage*

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Jane E. Dutton, Gretchen M. Spreitzer : How to Be a Positive Leader: Small Actions, Big Impact before purchasing it in order to gauge whether or not it would be worth my time, and all praised How to Be a Positive Leader: Small Actions, Big Impact:

3 of 3 people found the following review helpful. The way the book is structured into different chapters by different eminent researchers on different themes makes it easy to pick. I devoured this book as part of my preparation for giving a 2 day workshop on positive leadership to 30 senior managers and managing directors at a large organisation. It is a key reference, with both a broad and deep look at the latest scientific research on what works in positive leadership. It summarises the current state of research across the whole field of positive organisational

scholarship. The way the book is structured into different chapters by different eminent researchers on different themes makes it easy to pick out pieces that are especially relevant to a specific situation. Plus, each chapter effectively blends research and application, and all are structured in a similar way, with a very clear exposition of the topic, the background research and the actions that can be taken. Therefore it's easy to see what one can do, why it is likely to be effective, and what results could be expected. I found the book really challenged my thinking to clarify how to teach positive leadership effectively to senior business leaders, and I will be using it as a resource and recommending it to others (as I already have done) for a long time. 0 of 0 people found the following review helpful. They are wonderful instructors and their book is an excellent resource for ...By Porthos I had the pleasure of attending the Positive Leadership course at the University of Michigan Ross Business School with professors Dutton and Spreitzer. They are wonderful instructors and their book is an excellent resource for those interested in practicing Positive Leadership. I particularly enjoy how it reinforces learnings from my class and expands my understanding. 0 of 0 people found the following review helpful. Excellent read for leaders at all levels By Ashley Benson This book is for leaders at all levels. It provides practical strategies for overcoming an unfulfilling work environment. While it easy to operate with a negative mindset while working in an environment that is not friendly, welcoming, open to new ideas, judgmental, and the negative list goes on, this book challenges reads to view their circumstances through a positive lens that allows them to work toward change. Further, readers are encouraged to view themselves in a positive light that enables them to see themselves as change agents. The application strategies at the end of the book will help leaders to implement the very practices they read about as they work to find their path to positive leadership.

Positive leaders are able to dramatically expand their people's—and their own—capacity for excellence. And they accomplish this without enormous expenditures or huge heroic gestures. Here leading scholars—including Adam Grant, author of the bestselling *Give and Take*; positive organizational scholarship movement cofounders Kim Cameron and Robert Quinn; and thirteen more—describe how this is being done at companies such as Wells Fargo, Ford, Kelly Services, Burts's Bees, Connecticut's Griffin Hospital, the Michigan-based Zingerman's Community of Businesses, and many others. They show that, like the butterfly in Brazil whose flapping wings create a typhoon in Texas, you can create profound positive change in your organization through simple actions and attitude shifts.