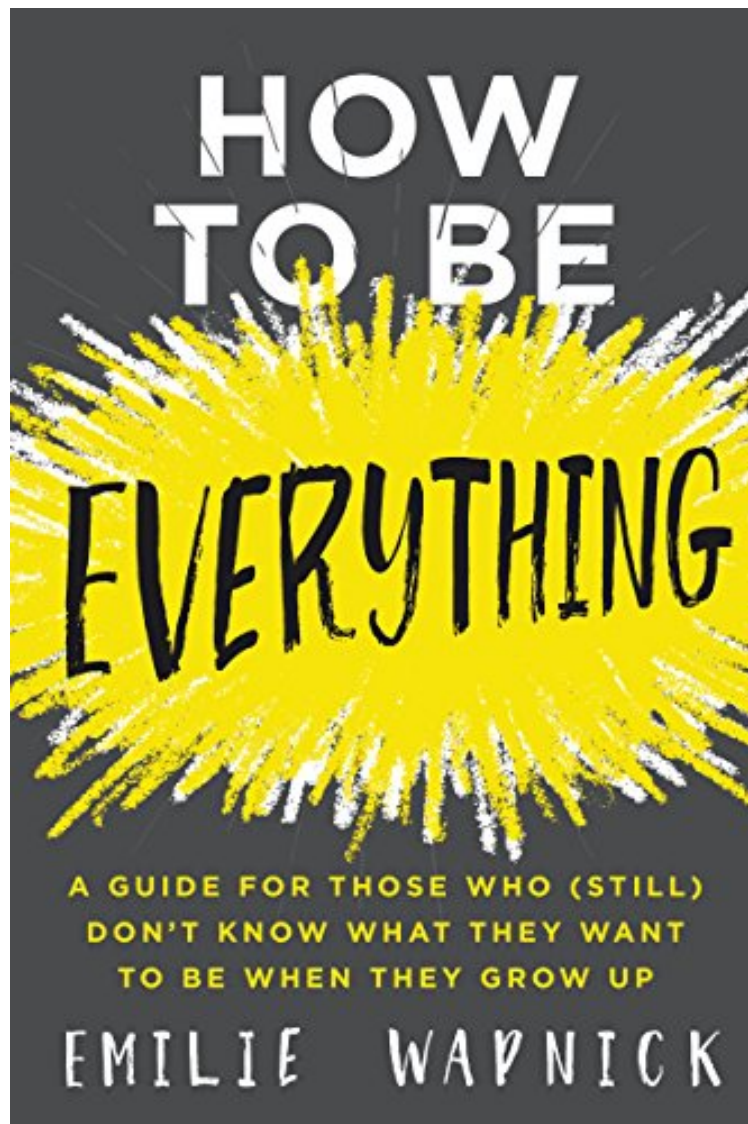


(Free read ebook) How to Be Everything: A Guide for Those Who (Still) Don't Know What They Want to Be When They Grow Up

How to Be Everything: A Guide for Those Who (Still) Don't Know What They Want to Be When They Grow Up

Emilie Wapnick

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Emilie Wapnick : How to Be Everything: A Guide for Those Who (Still) Don't Know What They Want to Be When They Grow Up before purchasing it in order to gage whether or not it would be worth my time, and all praised How to Be Everything: A Guide for Those Who (Still) Don't Know What They Want to Be When They Grow Up:

0 of 0 people found the following review helpful. I found my tribe.By mikeThis book is for every person who loves doing lots of different things, but has dealt with that tension of trying to be a specialist. Chances are that you are what

Emilie calls a Multipotentialite (also known as a Renaissance person/generalist/multi-pod, etc.) In this book there are some great tools for us multi-passionate people to thrive personally, professionally, and interpersonally. I highly recommend this book! 0 of 0 people found the following review helpful. Great book! By Sheryl Floris A very useful and relatable! Was good to realize that I'm not the only one who is wired this way! Many practical suggestions to help one be productive and successful with this personal "wiring". 17 of 17 people found the following review helpful. When You Want to Become More Complete, Fulfilled, and Vibrant ... By Joel Zaslofsky I vividly remember stumbling across Emilie's Puttylike blog in 2012 and ravenously reading all of her archives in a day. I needed the validation that my multi-faceted, renaissance guy nature wasn't "wrong" or "didn't" make me destined to be unhappy as I sipped another of life's experiences to see if I liked it. More than validation (which would have been enough), her writing then and her writing now with *How to Be Everything* gives me the strength to embrace my multipotentialite identity. I've used her stories and insights to find work that lights me up with the ability to use so many of my gifts or quirks. I use what Emilie calls "Group Hug Approach" — someone who wants to combine as many passions, skills, and creative outlets into a single role. With her help, I've been fulfilled as I share my love of (for example) bringing people together, small group facilitation, simple-living, and Excel spreadsheets — all in the same hour. And you know what? People find value in ALL I have to give, not just that small slice of me that I'd otherwise be able to show. *HTBE* is way more than just Emilie and her clever writing, though. She did some deep research and interviews to bring the stories and action items of other multipotentialites into the light. With all the thoughtful questions or practical exercises sprinkled throughout the book, you'd have to willingly not want to become a more complete version of yourself to finish reading without your own plan to explore your possibilities. The book is beautifully designed, has some hand-drawn images straight from Emilie, and is broken up into small enough chunks to jump in even if you only have a few minutes. However, I would like to see an updated version with an emphasis on shorter paragraphs and better transitions into the case studies and historical anecdotes. I can recommend *How to Be Everything* with every fiber of my being. So my hope is that you can benefit from Emilie's multipotentialite world even half as much as I have.

What do you want to be when you grow up? It's a familiar question we're all asked as kids. While seemingly harmless, the question has unintended consequences. It can make you feel like you need to choose one job, one passion, one thing to be about. Guess what? You don't. Having a lot of different interests, projects and curiosities doesn't make you a "jack-of-all-trades, master of none." Your endless curiosity doesn't mean you are broken or flaky. What you are is a multipotentialite: someone with many interests and creative pursuits. And that is actually your biggest strength. *How to Be Everything* helps you channel your diverse passions and skills to work for you. Based on her popular TED talk, "Why some of us don't have one true calling", Emilie Wapnick flips the script on conventional career advice. Instead of suggesting that you specialize, choose a niche or accumulate 10,000 hours of practice in a single area, Wapnick provides a practical framework for building a sustainable life around ALL of your passions. You'll discover:

- Why your multipotentiality is your biggest strength, especially in today's uncertain job market.
- How to make a living and structure your work if you have many skills and interests.
- How to focus on multiple projects and make progress on all of them.
- How to handle common insecurities such as the fear of not being the best, the guilt associated with losing interest in something you used to love and the challenge of explaining "what you do" to others.

Not fitting neatly into a box can be a beautiful thing. *How to Be Everything* teaches you how to design a life, at any age and stage of your career, that allows you to be fully you, and find the kind of work you'll love.