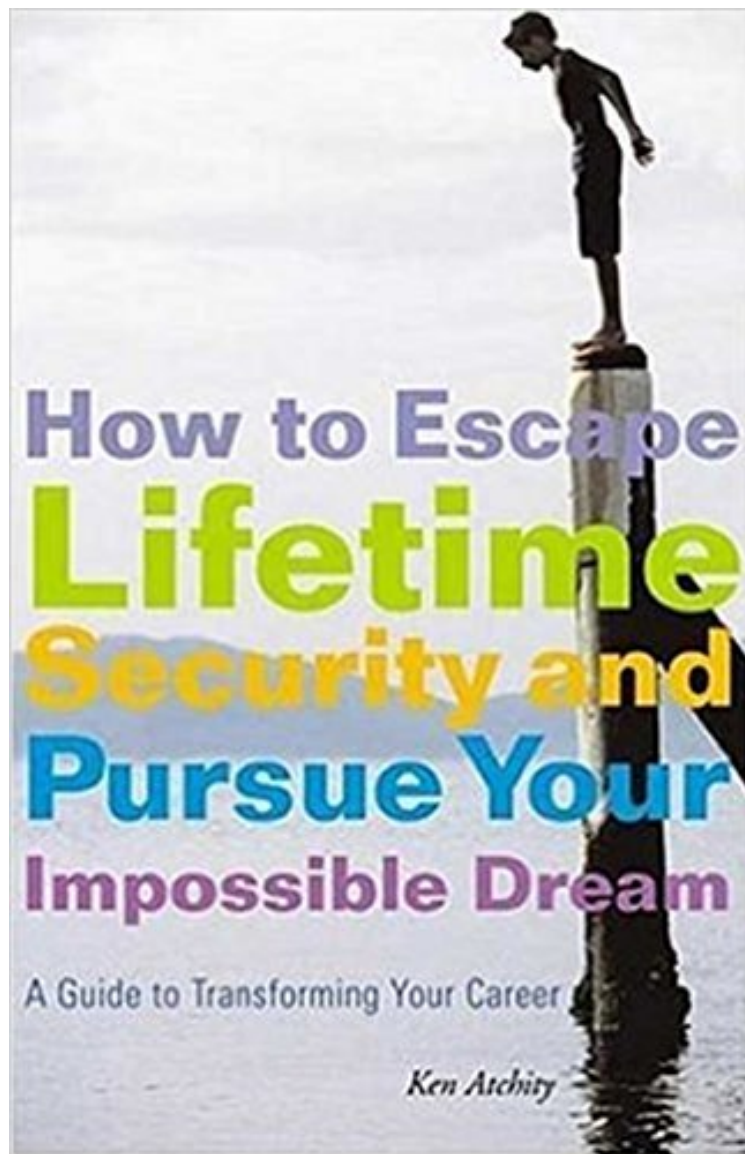


(Mobile ebook) How to Escape Lifetime Security and Pursue Your Impossible Dream: A Guide to Transforming Your Career

How to Escape Lifetime Security and Pursue Your Impossible Dream: A Guide to Transforming Your Career

Kenneth Atchity

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Kenneth Atchity : How to Escape Lifetime Security and Pursue Your Impossible Dream: A Guide to Transforming Your Career before purchasing it in order to gauge whether or not it would be worth my time, and all praised How to Escape Lifetime Security and Pursue Your Impossible Dream: A Guide to Transforming Your Career:

0 of 0 people found the following review helpful. I felt like someone was speaking my language By Lauren

Halperin There aren't enough words to describe how impactful and effective this book is in helping people find the courage, as well as practical tools, to achieve their goals. When I started reading this book, I felt like someone was speaking my language...like another person out there understood how my mind worked...in a way that I haven't experienced before. There are a lot of books that have great concepts but don't give the reader tools to apply those concepts. This book has great concepts AND breaks down exactly how to go about applying them. It's wonderful and I recommend it HIGHLY. 3 of 4 people found the following review helpful. The Author's Real Life Experiences and Real Answers for You! By Donald Mitchell I always find self-help books to be the most useful when the author has accomplished something more difficult than what I am seeking to do. The lessons from a more challenging transition always seem to make it more obvious to me what I should do. Top film producer, author and agent, Dr. Kenneth Atchity, has been there and done that. He turned his back on lifetime tenure as a respected professor at Occidental College in Los Angeles to become a creative force and deal-maker in both Hollywood and New York. Why? He wanted to live his dreams . . . rather than be merely secure. As I often say to friends, I'd rather be exhausted than bored. Dr. Atchity seems to operate on the same wavelength. The book has a much more sophisticated view of the psychology of personal change than I have read in more self-help books. Dr. Atchity is either extremely self-aware . . . or he has spent a lot of time on somebody's couch. I found the concepts in his book to be very interesting and helpful. He describes how our minds normally oscillate between the visionary who creates our dreams (who sets no limits) and the accountant (who wants meat and potatoes on the table today). This oscillation can be destructive of both our dreams and our security. In the book, he describes an alternative, a Type C, who reconciles dreams and security in ways that make both more realizable. I especially liked his discussions of the realities behind the things people fear most: losing their homes; not being able to pay their bills; and filing for bankruptcy. As he points out, it's not great . . . but it's not the end of the world. Anyone who becomes self-employed will see many ups and downs in their income and prospects. With years of experience, you come to realize that every "down" is merely setting up a future "up" and you act accordingly. Dr. Atchity seems to have an emotional life that can go up and down with the seasons of his professional life. I was impressed by his many suggestions for how to avoid emotional lows, drag yourself out of an emotional hole and make the most out of your highs. The Type C concept and the idea about the tension between dreams and security are based in Dr. Atchity's own family. If you have family members who actively encourage and discourage your dreams, you'll recognize what he describes. If you've ever talked yourself out of living your dreams, you should read this book. You may just want to change your mind, now! 0 of 0 people found the following review helpful. Practical and Motivating! By Therese Patrick I've reviewed many How-To, motivational and inspirational books and I've noticed patterns and examples that generate warm and fuzzy feelings but are more philosophical than offer practical applications. I only learned about Ken Atchity because he was a keynote speaker at a conference I was attending. Listening to him speak, I knew this book would be a new slant and flavor to check out and I was very impressed as I read it. The examples of the Accountant, Visionary and Creative personality types are great. Ken adds charts to achieve your dream with an agenda, time scheduling and word transformations. He uses his experience operating as both the accountant and a visionary to truly show the creative objectives. Then he adds a little yoga, seaweed greens, exercise and fun advice about balancing personal, professional and inspirational aspects of living life to the full, every moment. I'm recommending this book to many. This book is more practical and motivating than many books I've read.

For the Type C, or creative, personalities who want their work to "fill" their deepest creative urges, this is the frontline guide to making the transition from a secure and soulless job to a life built around a creative dream. Individuals learn how to follow the mind's eye to construct a life that conforms to personal vision, steal time to make creative dreams come true, use as assets the resources around them, and turn creative goals and objectives into an effective life plan. bull; Introduces the catchy buzzword "Type C" Allworth Press, an imprint of Skyhorse Publishing, publishes a broad range of books on the visual and performing arts, with emphasis on the business of art. Our titles cover subjects such as graphic design, theater, branding, fine art, photography, interior design, writing, acting, film, how to start careers, business and legal forms, business practices, and more. While we don't aspire to publish a New York Times bestseller or a national bestseller, we are deeply committed to quality books that help creative professionals succeed and thrive. We often publish in areas overlooked by other publishers and welcome the author whose expertise can help our audience of readers.

Having successfully gone through the type of career transition described in this book, I can appreciate not only its masterful detailing of the process but also its thoughtful, thought-provoking challenge to all those thinking of undergoing their own transitions. (Ira Wohl, Academy Award-winning director turned psychotherapist) About the Author Kenneth Atchity is a writer, producer, literary manager, and former professor of comparative literature. He currently lives in Los Angeles.