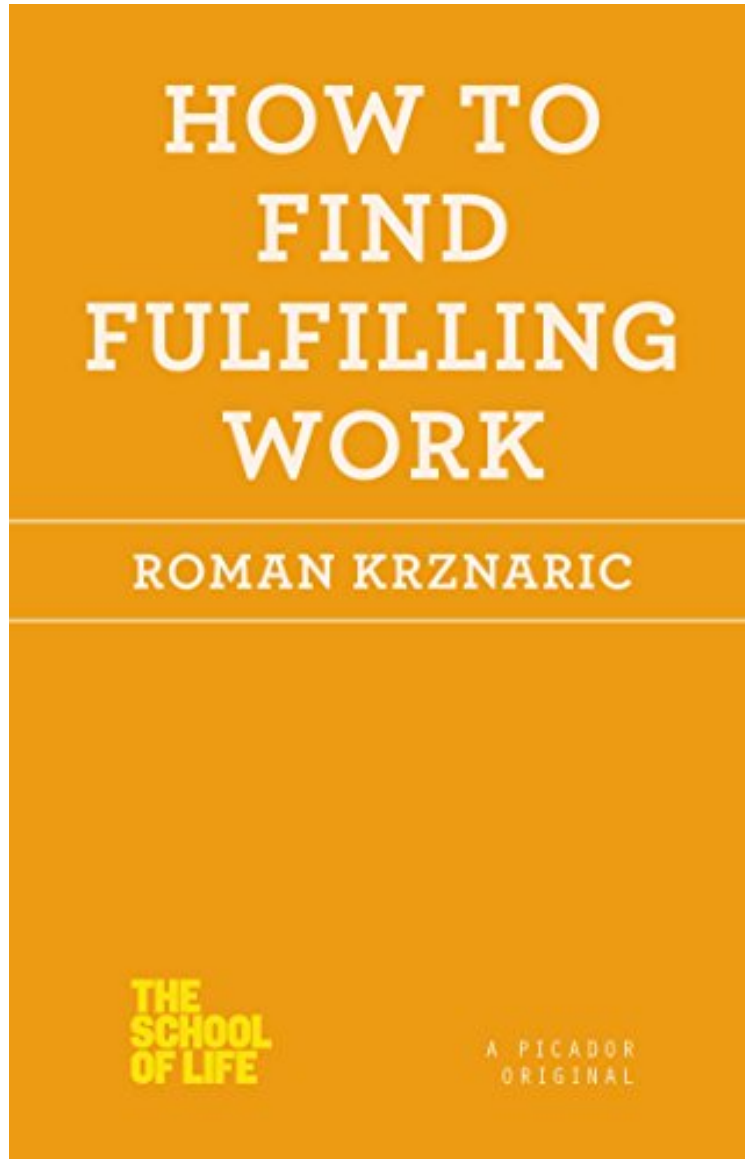


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How to Find Fulfilling Work (The School of Life)

Roman Krznaric

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Roman Krznaric : How to Find Fulfilling Work (The School of Life) before purchasing it in order to gage whether or not it would be worth my time, and all praised How to Find Fulfilling Work (The School of Life):

24 of 24 people found the following review helpful. Great GuidanceBy PJnVAI am taking a "radical sabbatical". I just didn't know it until I read this book. If you are looking to make a career change, but are unsure what you want to do this book is perfect. It doesn't provide lists of careers based on personality types or tests, it provides guidance on how to do the job research based on your interests. It helps you come to terms with possible salary changes and education

requirements. I'm thoroughly enjoying the process and wish I'd found the books years ago or at the very least 4 months ago when I first lost my job. 51 of 53 people found the following review helpful. Brilliant! By Paola Arriaga Gro This book is not only about guidelines for finding a new job, but it is also a brilliant pathway to discover different sides of your own self. I highly recommend this book to those who feel lost and are looking for a better life for themselves but don't know what should be their first step. This wonderful book helped me to overcome a state of melancholy and gave me the incentive to try again and keep moving forward. It is inspiring and shows the actual possibility of living a life happy!!! It is one of the best books I've read so far. 8 of 8 people found the following review helpful. Worth a read. No revelations or prescriptions, but a good set of questions to think on... By SNS It's a lot of "obvious" advice, sure. But much like proverbs, quotations and other types of positive reaffirmation, one can never get enough of them. I think it gets the job done for its target audience. If you're looking for a push or a nudge into the wilderness that is "following your dream, not just your career goal", this book is a worthy addition to your psychological launchpad. The examples and stories are only mildly motivating but true value of the book lies in the set of questions the author asks you answer for yourself. If you take them seriously, they may go a long way toward identifying exactly what fulfilling work would look like to you. It worked for me, somewhat. It motivated me set aside time everyday to think hard about what I would call fulfilling work. The questions provide a decent framework. The process is meditative and introspective and requires a lot of emotional stamina. It may take a while. I don't expect overnight epiphanies and, I suspect, neither should most people. I gave it 4 stars and not 5 because I don't think the book will resonate with everyone. For example, if you're married with kids and a mortgage and other responsibilities, some of the advice will seem impractical.

THE SCHOOL OF LIFE IS DEDICATED TO EXPLORING LIFE'S BIG QUESTIONS IN HIGHLY-PORTABLE PAPERBACKS, FEATURING FRENCH FLAPS AND DECKLE EDGES, THAT THE NEW YORK TIMES CALLS "DAMNABLY CUTE." WE DON'T HAVE ALL THE ANSWERS, BUT WE WILL DIRECT YOU TOWARDS A VARIETY OF USEFUL IDEAS THAT ARE GUARANTEED TO STIMULATE, PROVOKE, AND CONSOLE. A practical and inspirational guide to examining your career and deciding whether it truly makes you happy; this book will show you the steps it takes to find a job that truly makes you thrive. The desire for fulfilling work is one of the great aspirations of our age. This book reveals explores the competing claims we face for money, status, and meaning in our lives. Drawing on wisdom from a variety of disciplines, cultural thinker Roman Krznaric sets out a practical guide to negotiating the labyrinth of choices, overcoming fear of change, and finding a career in which you thrive. Overturning a century of traditional thought about career change, Krznaric reveals just what it takes to find life-enhancing work

"Self-Help Books for the Rest of Us." The New York Times "In an age of moral and practical confusions, the self-help book is crying out to be redesigned and rehabilitated. The School of Life announces a rebirth with a series that examines the great issues of life, including money, sanity, work, technology, and the desire to alter the world for the better." Alain de Botton, The School of Life Series Editor "The School of Life offers radical ways to help us raid the treasure trove of human knowledge." The Independent on Sunday (London) "This is a book that is both clever and prescriptive without being preachy: it makes you think about work in a new way, as well as offering real exercises and solutions for people who are looking for more fulfilling work." Los Angeles of Books "An inspirational self-help book with an intellectual pedigree." Kirkus "Leaving your job in search of more fulfilling opportunities is one of life's most intimidating jumps, and Roman Krznaric's How to Find Fulfilling Work is an indispensable handbook." Peter Holmes a Court, Australian Financial About the Author Roman Krznaric is a cultural thinker and founding faculty member of The School of Life. He advises organizations, including Oxfam and the United Nations, on using empathy and conversation to create social change, and has been named by The Observer as one of Britain's leading lifestyle philosophers. His works, including The Wonderbox: Curious Histories of How to Live and The First Beautiful Game: Stories of Obsession in Real Tennis, have been translated into more than a dozen languages.