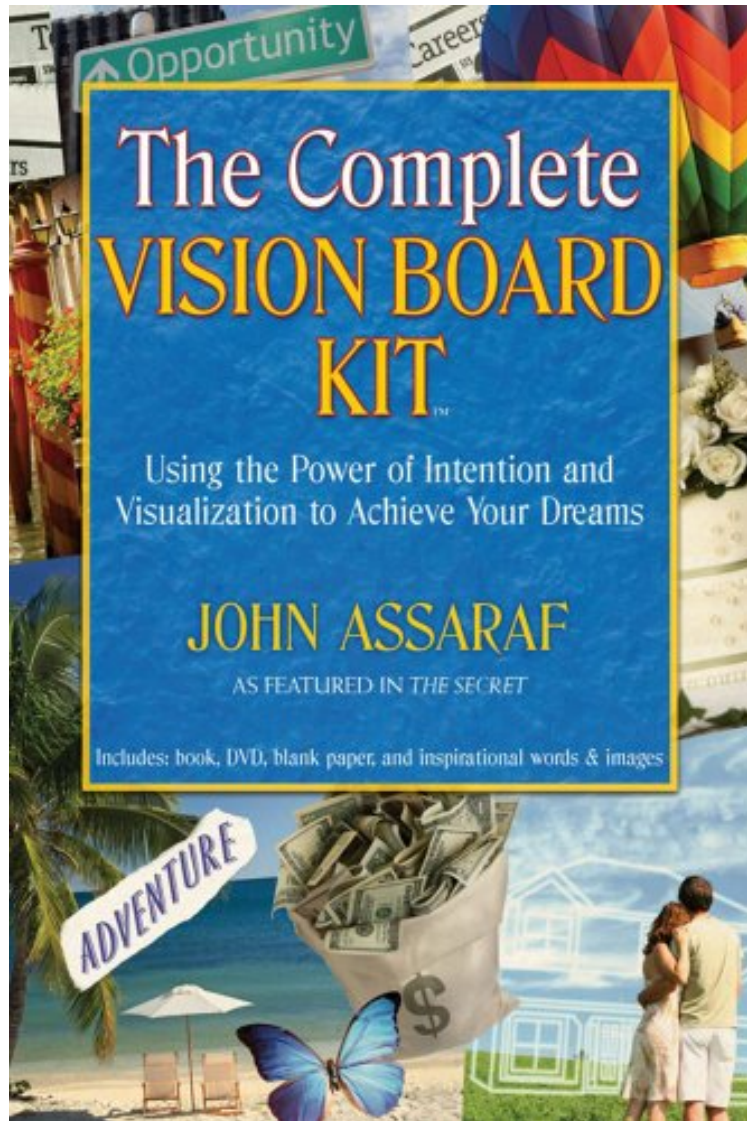


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The Complete Vision Board Kit: Using the Power of Intention and Visualization to Achieve Your Dreams

John Assaraf

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person a person always walks away feeling good. And that's even BEFORE they abide by his writings. Putting thoughts into written words is one thing, but to actually "visualize" it happening is what all the "greats" use to create. Tiger Woods writes about how he visualizes, as well as other sports instructional books. Pool, golf, bowling, basketball and Olympian athletes all use this technique. Be ready for things to happen when you visualize. 6 of 6 people found the following review helpful. A good "how to" with vision boards By Nelson Almonte There are very few vision board publications; you should stick to this one. 6 of 6 people found the following review helpful. Inspiring! great ideas! By Customer I didn't think people actually created vision boards any more, but I see that I was wrong. I'm excited to give it a go and see if it helps me stay on track. I recommend this book to anyone who is determined to make big changes in their lives.

A vision board is a powerful tool that anyone can use to shape an ideal future through the power of intention and visualization. Learning how to vividly imagine your desired results--attracting your perfect soul mate, radiant health, abundant career opportunities, or building personal and community relationships to give back--is the first step on the path to making them happen. Break through unconscious, limiting beliefs and get ready to transform your future now. If you can envision it, you're halfway there! This book will explain and walk you through exactly how to create a vision board in conjunction with how to retrain your brain to actually start believing that you can achieve all your goals and dreams. Then, the universe will work its magic! This is a great personal gift and one your friends and family will love.

About the Author John Assaraf is one of the experts featured in the film and book *The Secret*, which he helped launch into a worldwide phenomenon. He has shared his expertise on achieving financial freedom and living an extraordinary life with millions of viewers on *Larry King Live*, *The Ellen DeGeneres Show*, and dozens of other media venues worldwide. Visit John online at www.johnassaraf.com.