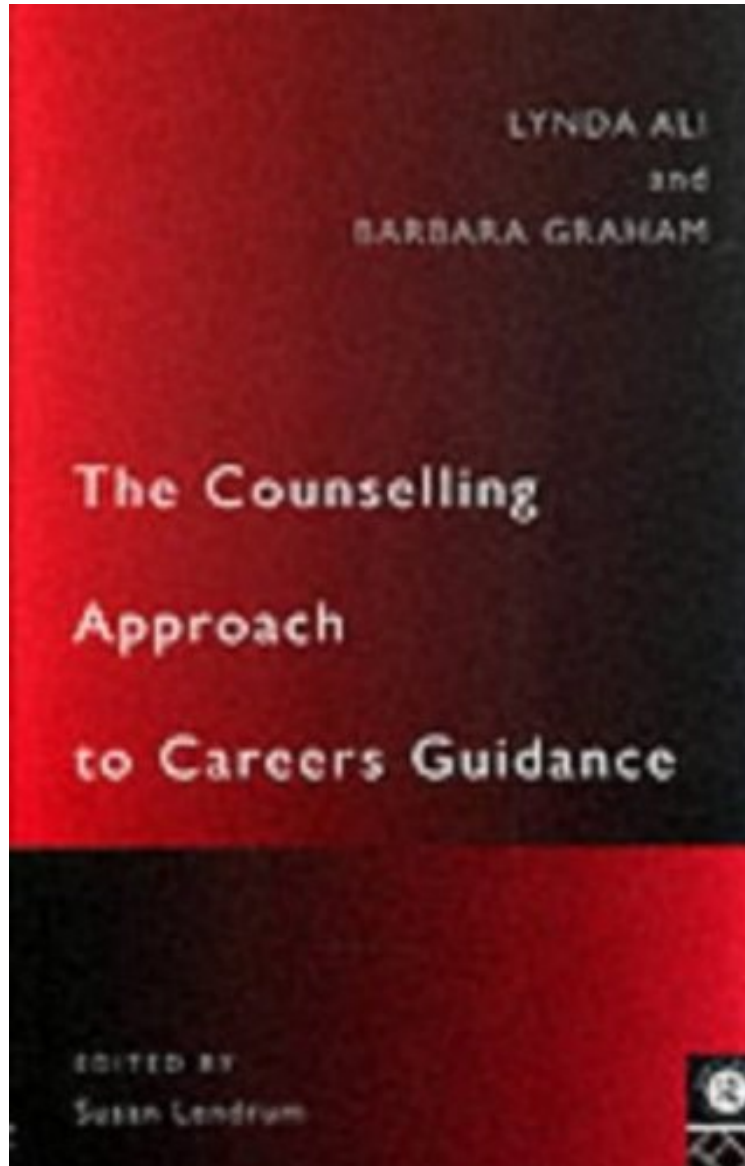


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The Counselling Approach to Careers Guidance

Lynda Ali, Barbara Graham

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Lynda Ali, Barbara Graham : The Counselling Approach to Careers Guidance before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Counselling Approach to Careers Guidance:

3 of 3 people found the following review helpful. The Counselling approach to career guidance By A Customer This book offers a clear, concise and interesting approach to anyone working in or interested in the area of career guidance and long term solutions to establishing a work path in today's society. Working in the area of long-term unemployment, I found it refreshing to have a serious book which placed logical emphasis on listening and understanding where

individuals are coming from, in order to allow them to make the best possible choices for themselves.

Through detailed case material the authors show how to use counselling strategies with clients seeking careers guidance to enable them to change unhelpful patterns of thought and to move towards achievable goals. This book: * offers a series of tasks for structuring interviews and assesses materials available to careers counsellors * discusses important issues affecting their training and development within the public sector. This is a useful handbook for experienced advisers and trainees in the careers service and a range of professional settings.

About the Author Lynda Ali is Senior Careers Advisor, Edinburgh University and Barbara Graham is Director of the Careers Service, Strathclyde University. Susan Lendrum is author of Gift of Tears and Case Material and Role Play in Counselling Training and a counsellor in private practice, Manchester