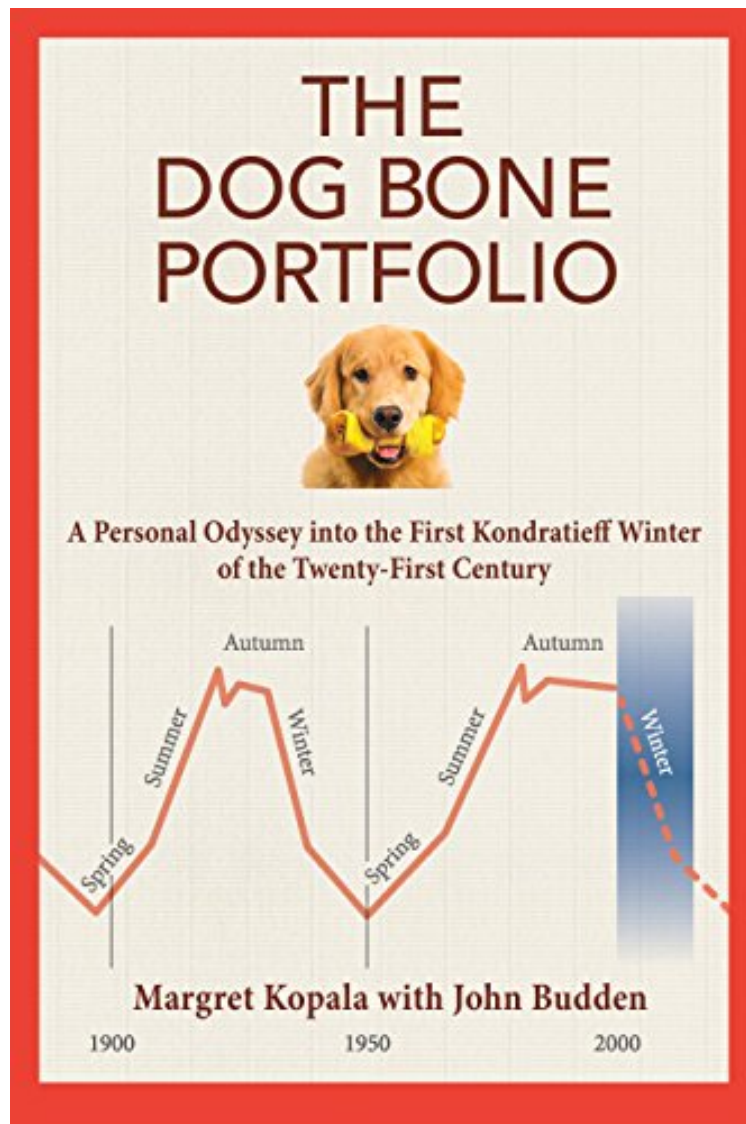


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## The Dog Bone Portfolio: A Personal Odyssey into the First Kondratieff Winter of the Twenty-First Century

*Margret Kopala, John Budden*  
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**Margret Kopala, John Budden : The Dog Bone Portfolio: A Personal Odyssey into the First Kondratieff Winter of the Twenty-First Century** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Dog Bone Portfolio: A Personal Odyssey into the First Kondratieff Winter of the Twenty-First Century:

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Like so many of us, Margret Kopala lost a significant portion of her life savings in the stock market crash of 2008. Unlike us, however, she went on a long and intense financial odyssey to find out what caused the losses and what she could do to protect herself in the future. Armed with her skills as a journalist and public policy analyst, fueled by equal measures of fear and determination, and mentored by successful investment strategist and financial broadcaster John Budden, Kopala researched and wrote this magisterial analysis of how Russian economist Nikolai Kondratieff's long-wave theory is playing out in what many today describe as a financial Winter. Along the way, she is introduced to financial experts familiar with Kondratieff scholarship. John Budden's interviews in the book with Dean LeBaron, J. Anthony Boeckh, Ian Gordon, Larry Jeddloh, Don Lindsey, the late Lord William Rees-Mogg, Jim Rogers, Eric Sprott, and Ronald-Peter Stouml;ferle show how investors must put a new spin on asset allocation and security of their assets: like a dog that buries bones in different places, we would be advised to allocate our assets to different parts of the world — and to ensure that a good portion of those assets include gold, the only continuous basis of wealth across history and around the world. Kopala explores the global, national, and personal effects of: overconsumption; underproduction; energy and innovation; the printing of money to "save" the economy; competitive devaluations; deflation, reflation, and inflation; and war (the ultimate economic crisis). She documents those technologies that seeded previous New Economy Spring seasons -- from the era of canals to those of railroads, automobiles, and infotech -- and probes today's innovations most likely to seed the Next New Economy that we desperately need if we are to escape the doldrums of the current financial Winter. With trenchant explanations of how individuals can achieve portfolio strength by first preserving capital then being vigilant about the financial effects of politics, economic theory, culture, and our own choices, *The Dog Bone Portfolio* is a gift to investors, policy-makers, and, ultimately, nations everywhere.

About the Author A graduate of the University of Alberta, Ottawa writer Margret Kopala has worked in Canadian feature film and British television production, the latter mostly for the BBC while living in London, England. Her more recent work in public policy analysis and advocacy was interrupted when she lost money in the 2008 stock market crash. Compelled to find out why and what to do about it, she researched and wrote *The Dog Bone Portfolio*, her first book. John Budden grew up in Ottawa, Canada's capital, then studied in Europe before joining Dominion Securities in 1964. During his fifty years of diverse domestic and international investment experience, he has worked in London, New York, Boston, and Toronto, with travels around the world along the way, and Ottawa, where he currently resides. In an era of competitive devaluations, he is a renowned advocate of holding a portion of one's portfolio in gold bullion, and provides specialized advice to pensions, endowments, and family offices. In addition to his investment activities, he has been CFRA News/Talk Radio's Markets Commentator since 2003, work that has included interviews with some of the world's best and brightest investment minds.