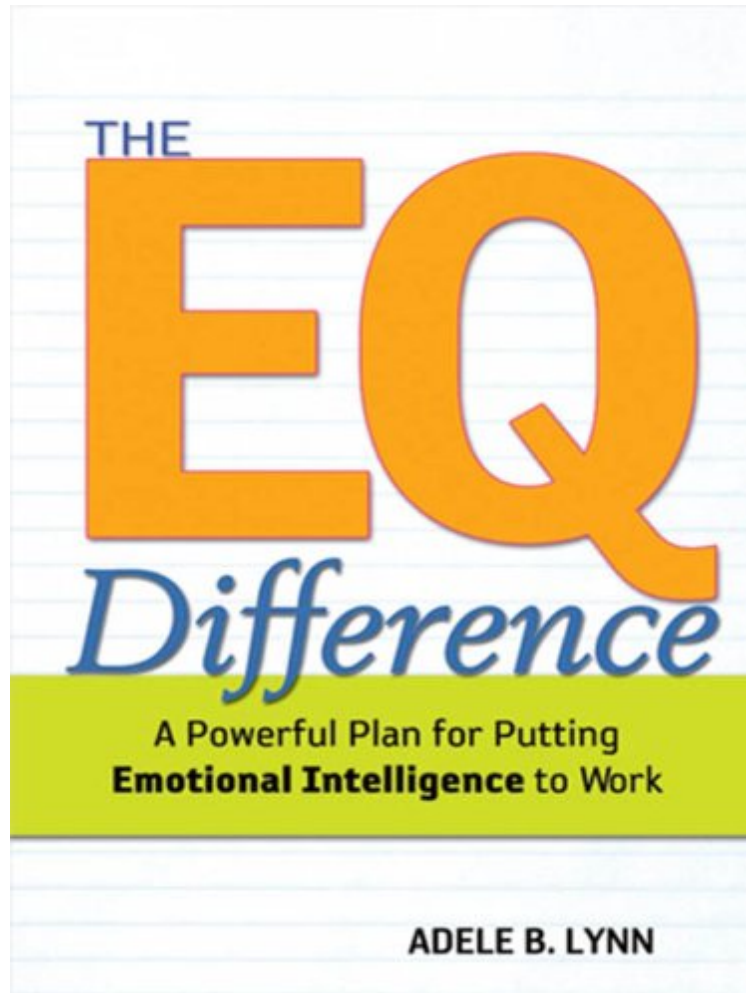


The EQ Difference: A Powerful Plan for Putting Emotional Intelligence to Work

Adele B. LYNN

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Adele B. LYNN : The EQ Difference: A Powerful Plan for Putting Emotional Intelligence to Work before purchasing it in order to gage whether or not it would be worth my time, and all praised The EQ Difference: A Powerful Plan for Putting Emotional Intelligence to Work:

2 of 2 people found the following review helpful. A Must Read For EverybodyBy A. B. WestThis is one of the most impactful books I've read outside the bible. This book really delves into the core of your emotional foundation and helps you to understand the "what, why and how" to managing your emotions and living out your true purpose (intent) in life. If you really want to get in touch with you inner self and become a better person that will positively effect your family, friends and community, then I highly recommend you read this book. If you allow the information to sink in, this book will change you life forever.0 of 0 people found the following review helpful. Five StarsBy CustomerGreat

book, haven't read it yet, but great book! 8 of 8 people found the following review helpful. Professional Review from a Beginning Leader By David Gilmartin This is an excellent book for young professionals who are interested in becoming strong leaders. The material gave me very good insights in how to mentally handle situations that dealt with difficult interactions within the workplace. There were very good examples. It was very easy reading. All good leaders must be open to input in order to grow. The material discussed in this book, will help you grow as leaders, and can easily be applied in the work place. It is a "must have" book in your personal reference libraries.

Emotional Intelligence (EI) is a strong indicator of individual, team, and organizational success. But stocking up on emotionally intelligent employees isn't enough: you need a concrete plan for putting this valuable resource to work. The EQ Difference offers an array of self-assessment tools and team-focused exercises that will help increase and leverage emotional intelligence both in individuals and in groups. It's filled with practical tips and suggestions for developing your own "emotional quotient," as well as that of your peers, employees, and even senior executives. Featuring real workplace examples, Letters to Leaders, and excerpts from actual performance reviews that show the positive impact of EI in a variety of environments, The EQ Difference will help your organization achieve greater productivity, higher morale, and better employee retention -- all keys to stronger bottom line results. Co-published with SHRM.

"With her exceptional insights into how to nurture your emotional intelligence, Adele Lynn provides specific, practical suggestions to help maximize one's potential to perform to the fullest. Everyone can benefit from The EQ Difference." -- Tony Alessandra, PhD, author of The Platinum Rule and Charisma "Using a delicious mixture of pragmatism and passion, The EQ Difference delivers a terrific recipe for relationship success in the workplace. Chock full of answers, anecdotes and activities, the book provides valuable tools for greater productivity and results." -- Chip R. Bell, author of Magnetic Service "If this book had been available when I was a CEO, it would have been mandatory reading for all of our company. Adele explains in simple terms some valuable concepts and then provides effective tools for people to change their behavior and produce better results." Jim Cederna, Cederna International, former President and CEO, Calgon Carbon Corporation

From the Back Cover Emotional intelligence (EI) has been proven to be a leading driver of success. Offering practical tips and suggestions for developing emotional intelligence and reaping its benefits in any work environment, The EQ Difference shows you how to develop your own emotional quotient as well as that of your peers, employees, and even senior executives. This helpful guide features real-world examples, Letters to Leaders, and excerpts from actual performance reviews that show the positive impact of EI on workplace results, values, and relationships. The EQ Difference provides a breakthrough plan for putting the power of emotional intelligence to work for you.

"With her exceptional insights into how to nurture your emotional intelligence, Adele Lynn provides specific, practical suggestions to help maximize one's potential to perform to the fullest. Everyone can benefit from The EQ Difference." -- Tony Alessandra, Ph.D., author of The Platinum Rule and Charisma "Using a delicious mixture of pragmatism and passion, The EQ Difference delivers a terrific recipe for relationship success in the workplace. Chock-full of answers, anecdotes and activities, the book provides valuable tools for greater productivity and results." -- Chip R. Bell, author of Magnetic Service "If this book had been available when I was a CEO, it would have been mandatory reading for all of our company. Adele explains in simple terms some valuable concepts and then provides effective tools for people to change their behavior and produce better results." -- Jim Cederna, Cederna International, Former President and CEO, Calgon Carbon Corporation

About the Author ADELE P. LYNN is the author of The Emotional Intelligence Activity Book. She is a popular speaker and consultant specializing in emotional intelligence, ethics, and building trust in the workplace. She lives in Belle Vernon, Pennsylvania.