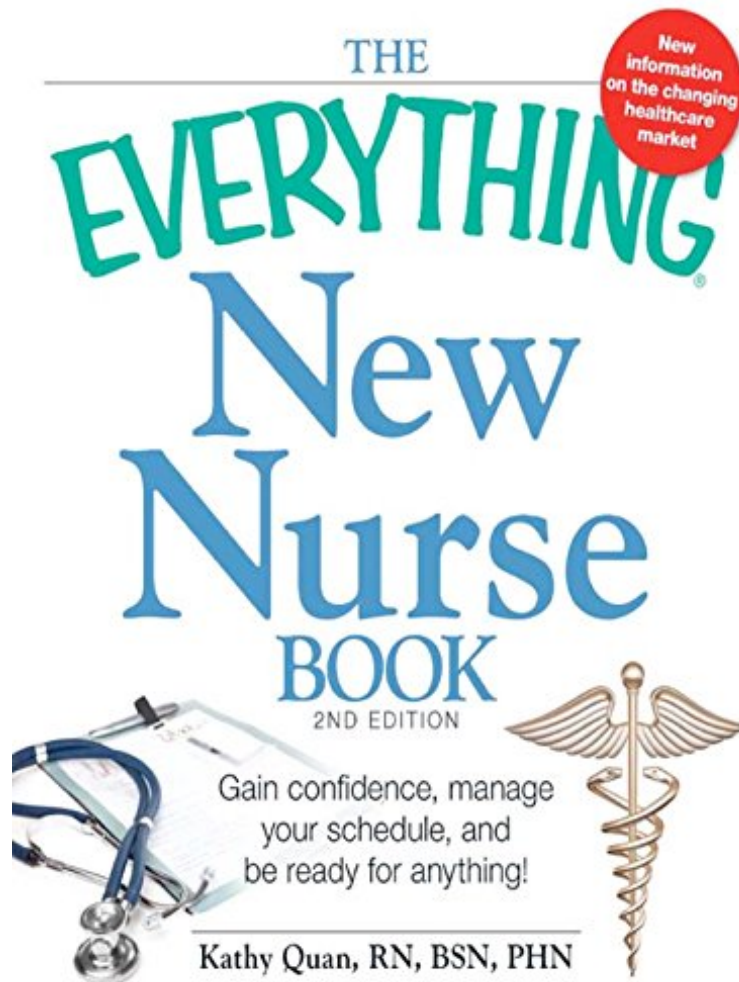


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About the Author Kathy Quan, RN, BSN, PHN (Thousand Oaks, CA) has been a nurse for thirty years. Kathy currently works in home health and hospice nursing, while also mentoring new nurses. She is the former the nursing guide for About.com, and now blogs about nursing on her popular website, TheNursingSite.com.