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## The Everything New Nurse Book: Gain Confidence, Manage your Schedule, and Deal with the Unexpected (Everythingreg;)

*Kathy Quan*

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**Kathy Quan, R.N., B.S.N., P.H.N.**

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As a new nurse, you're entering one of the most challenging and rewarding fields! Still, you may feel a little nervous about stepping into the brave new world of medical facilities. The Everything New Nurse Book addresses all your concerns and more. Covering the nation's top ten types of nursing, this comprehensive handbook concentrates on the issues that new nurses face every day on the job--from dealing with patients to juggling multiple responsibilities. Highlights include how to balance a hectic new schedule (for work AND sleep!); deal with the doctors' Old Boy Network; avoid illness yourself; continue your education while working at the same time; cope with the death of patients; and more. Written by Kathy Quan, a registered nurse with thirty years experience, The Everything New Nurse Book guides you through those first critical months on the job. If you want to know what to expect on your first day and beyond--this is the book for you!

About the Author Kathy Quan, R.N. B.S.N. P.H.N. has been a nurse for thirty years. She graduated from California State University Los Angeles in 1975 with her B.S.N. and Public Health Nurse Certificate. She began her career at Methodist Hospital in Arcadia, CA on a med/surg floor. She was promoted to Assistant Head Nurse within a year. Patient education and preceptoring new nurses and student nurses were her favorite part of the job. She lives in Thousand Oaks, California.