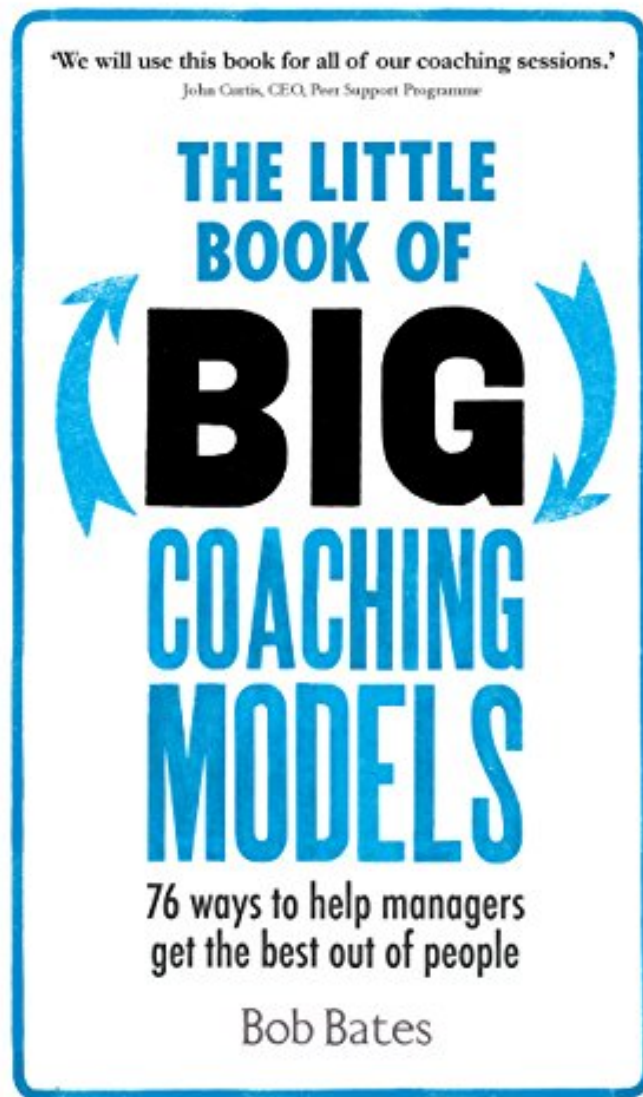


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The Little Book of Big Coaching Models: 83 ways to help managers get the best out of people

Bob Bates

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healthcare.

Leaders and Managers want quick answers, quick ways to reach solutions, ways and means to access knowledge that won't eat into their precious time and quick ideas that deliver a big result. The Little Book of Big Coaching Models cuts through all the noise and gives managers access to the very best coaching models that they need to get the best from their team. Every model is quick and easy to read and delivers the essential information and know-how quickly, efficiently and memorably.

From the Back Cover: We will use this book for all of our coaching sessions. John Curtis, CEO, Peer Support Programme; 76 models to help you to get the best out of your people through coaching. The Little Book of Big Coaching Models gives you access to the very best theories and models that every manager should know and be able to use. Each model tells you what it is and how to use it so you can instantly put theory into practice to develop, encourage and motivate your team straight away. The Little Book of Big Coaching Models will make sure you can:

- Develop your coaching skills so that you can understand what makes people tick
- Motivate and influence your staff, colleagues and stakeholders
- Resolve a wide range of management problems using effective coaching models
- Improve your skills and reputation as a manager

All you want to know and how to apply it – in a nutshell. This should be essential reading for all busy managers who want to get the best out of their workforce.' Alan Shaw, Managing Director, Regent Engineering; "I just read your book and I love it!!! The pace and tone of the book is spot on, and there's enough depth to get to grips with theories combined with a great sense of real world application." Dave Brailsford, Team Principal, Team Sky; About the Author Dr. Bob Bates worked in the Civil Service for many years as a senior manager before becoming a Senior Lecturer at Birmingham City University in 1997. Throughout his career he has worked extensively with SMEs specialising in staff and management development.