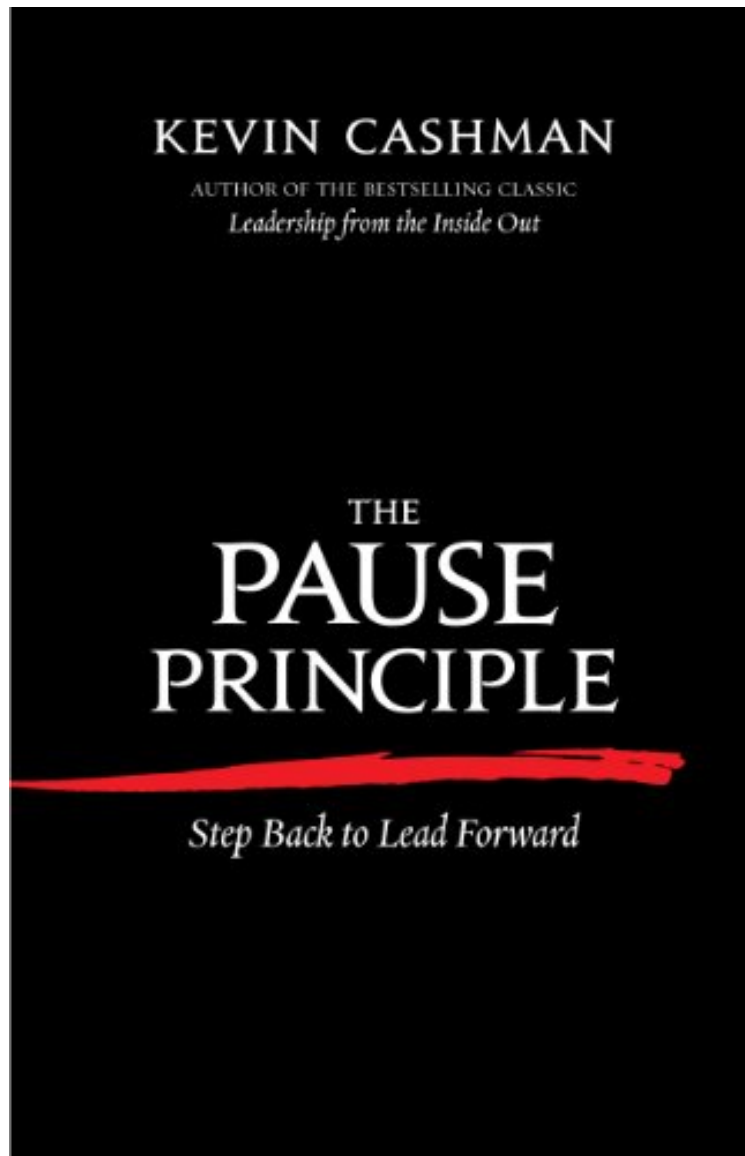


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## The Pause Principle: Step Back to Lead Forward

*Kevin Cashman*

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**Kevin Cashman : The Pause Principle: Step Back to Lead Forward** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Pause Principle: Step Back to Lead Forward:

1 of 1 people found the following review helpful. Good motivational book, but a little too repetitive for my taste. By New Yorker 718 So I will keep this review simple. I found reading this for a class to be interesting. The idea behind the book is to pause before you react and by doing so it can change your life. It goes deeper than that but to the point that's the idea. I feel like there was a lot of repetition making this book a bit of a drag to read but none the less an interesting read. It is definitely filled with great quotes ideas and motivation. It wasn't quite the book for me but I can see where

this might help change someones life for sure.1 of 1 people found the following review helpful. Pause to read thisBy Steven SnyderBefore buying a book, it is natural to want to know what other people think. This information-gathering act gives you more information about the product you are buying and what other people think of it. You can then make an informed decision on whether you want to take your valuable to time read it.We do this for books, but how often, in other facets of life and business do we rush into things before thinking them through? According to Kevin Cashman, all too often. That is why he wrote this brilliant book, the Pause Principle. In it, Cashman articulately and persuasively makes the case that to make the most out of our leadership, we need to take a step back to gain perspective and clarity.I've had the privilege to have access to an early version of The Pause Principle. I've already put into practice many of Cashman's ideas, and I must say I am very happy with the results. A number of times over the past several weeks, I have invoked that simple but powerful word: "pause." Once I say it (sometimes to myself, sometimes in the presence of others), a new thought pattern or conversation emerges, one that brings additional considerations to the decision at hand. Not only am I making better decisions, but I also feel more confident because I've taken the time to get it right.I highly recommend this book to anyone who wants to take their leadership to the next level.1 of 1 people found the following review helpful. Review From a FriendBy Jack MacPhailI have worked with Kevin closely at Korn Ferry, during that period he describes in his book when his firm was being absorbed into Korn Ferry. What I have said to Kevin is that one learns a lot about individuals when they are going through their own personal crucibles. Kevin displayed incredible grace and composure during this period of his life and now I know why: He was acting out what he talks about in his book. I have further said to Kevin that I see great convergence out there in all disciplines around this thing called mindfulness, of which I view "pause" as almost synonymous. I see it in my work with senior executives. My wife who is a child psychologist employs it everyday in her practice with children. We see it referred to in the pulpits. All this is happening for a reason, and I believe it is because this is the only way forward in our very busy world. Congratulations, Kevin on nursing this for ten or so years and then getting it out there-your work is so needed.

We live and lead in an increasingly volatile, uncertain, complex, and ambiguous world. But paradoxically, Kevin Cashman contends that leaders today must not merely act more quickly but pause more deeply. He details a catalytic process to guide you to step back in order to lead forward in three critical growth areas: personal leadership, development of others, and fostering of cultures of innovation. You and your organization will learn to move from management speed and transaction to leadership significance and transformation.